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EARLY CHILDHOOD COUNCIL

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Every child can learn, play & succeed!

March 2025 Newsletter

Announcements

The featured provider for March is **Tammy's License Childcare. Tammy Bandy** has been in business for 29 years as of June 18, 2024. She decided to get her childcare license because her own wonderful childcare provider quit and moved out of town, and she couldn't find another provider. When she was given notice that the office she worked for was closing, she decided this was the perfect time to get her license and go into business for herself. She had always wanted to work with children, so the timing was perfect. She usually serves five to six families each year, and rarely has openings. She typically takes a child at 8 weeks old, and has them until they start preschool. One of her favorite things about her program is that she makes it feel like home. She gets to experience the love they all show toward one another, and watch the growth of each child develop before they leave her program and start preschool. She states that one of the things that makes a childcare operation work is to have open communication between the parents and herself. That is a wonderful perspective, and we're sure that the families and children that she cares for would agree. Thank you for being a part of this incredible field, Tammy.

ECCLPS News

March is Developmental Disabilities Awareness Month (DDAM). Developmental disabilities are a set of conditions that occur in early childhood and affect a person's mental and physical growth. Early intervention services provide support to children and families facing delays or disabilities. Benefits of services include: **Improved development** for overall growth and development; therapies can enhance physical, cognitive, and social skills. **Enhanced learning**: provides support to acquire foundational skills in areas like language, communication, and literacy, and supports academic success. **Strengthened social and emotional skills**: early intervention focuses on fostering positive social interactions, developing emotional regulation, and building coping mechanisms which helps children form healthy relationships, improve their mental health and adjust to challenges. **Empowered families**: intervention provides families with information, resources, and support to understand their child's needs and advocate for them. It also promotes a sense of confidence and self-esteem in children. If you feel your child may benefit from early intervention services, you can find support through Child Find clinics offered by [NEBOCES](#) (3-18 yo), Healthy Child Clinics offered by [NCHD](#), and Early Intervention Services offered by [Eastern Colorado Services](#) (0-3 yo). The sooner you act, the sooner they can help your child get access to services that can greatly improve their quality of life.

Noteworthy Items

******You can use the QR Code below to enroll a child under 5 in the program, and also to donate to our program at any time. Or click www.imaginationlibrary.com



Please join us on **KPMX 105.7** the second Wednesday of each month at 9:00 AM to stay up to date on what's happening at **ECCLPS**.

[Logan County Events](#)
[Sedgwick County Events](#)
[Phillips County Events](#)
[KPMX 105.7](#)
[Media Logic Radio Events](#)

If you have information you would like us to share in our newsletters, please send to [Aileen](#). You can view past issues of our newsletters [HERE](#)

Here's a friendly reminder that our Lending Library is stocked and you can check boxes out for your Family Child Care Home. Check out all the great things we have to offer!

[ECCLPS Lending Library](#)

You can get answers to your tax questions, help in tax preparation, answers about tax credits, and more!
(Corrected link)

[HERE](#)

Colorado parents, this new state tax credit could net you thousands of dollars. To learn more, click [HERE](#)

[Child Care Worker Tax Credit](#)

Here's how to qualify for the tax credit.

Save the Date

March 1 - **Family Fun Saturday**
Overland Trail Museum
9:00 AM - 5:00 PM Adults \$3, 12 and under free

March 9 - **White Elephant Bingo & Supper**
Fleming Community Building
2:00 - 5:30 PM Free will offering

March 12 - **NJC Food & Culture Fair**
Auxiliary Gym BoC Event Center
4:00 PM

March 24 - **ECCLPS Partner Meeting**
100 Broadway Suite 14, Sterling
11:50 AM - 12:50 PM [Zoom](#) link

March 24 - **ECCLPS Professional Development Training**
100 Broadway Suite 14, Sterling
6:30 - 8:30 PM

March 29 - **Medication Administration Class**
100 Broadway Suite 14, Sterling
9:00 AM - 1:00 PM Cost is \$25

March 28, 29 - **SCED Home and Garden Show**
Sedgwick County Fairgrounds
All Day Event 970-474-3504

March 29 - **Spring Fling Dance - Logan County**
Week of the Young Child Celebration
Elks Lodge 321 Ash Street
5 - 7 PM

April 4 - **Child Find Screenings**
Revere Preschool 500 Main Street, Ovid
9:00 - 10:30 AM Call 970-463-5477 to schedule an appointment

April 4 - **Child Find Screenings**
Julesburg Preschool 525 Spruce
1:00 - 3:00 PM Call 970-474-3364 to schedule an appointment

April 16, 17 - **Adventure Vision Eye Exams**
Contact Sedgwick County Schools for appt.
Limited space available - Medicaid and CHP+

Learning & Development

Professional Development - TBA - Watch our [FB](#) page and keep an eye out for an email from ECCLPS.

Next available **First Aid/CPR/AED** class at NJC is **Saturday, May 3**. Knowles Hall room 312. Cost is \$89. You can register [HERE](#) or email [Kelly Dyess](#) or call 970-521-6773. You will have to provide your own lunch.

Resilient Leadership Strategies

This contains some really intense strategies to help leaders form a truly resilient team. They can help with staff retention and cooperation, which in turn, benefits all who are involved.

Upcoming Trainings and Events at DECC

Here are many virtual training opportunities through June 2025.

Devereux Center for Resilient Children

A list of free webinars offered March through June

Eat and Learn! Working Literacy, Math, Science, and Art Into Early Childhood Mealtimes

Mealtimes are ideal for connecting with others and learning new skills.

The Everything ECE Podcast

A whole series of podcasts centered around ECE that can be quite helpful. This one is titled *5 Ways to Set a Child's Day Up for Success*.

Should Family Child Care Providers Give Parents Their SSN or EIN?

All you need to know about getting your EIN for business purposes. AND it's free!

Partner News Links

Wildwood

Chop-Chop Family

Baby Bear Hugs - Scroll to bottom to subscribe

Child Care Aware of America - Scroll to bottom to subscribe

DECC Newsletter - Click to subscribe

Green Child Magazine - Click to subscribe

Our Voice - Subscribe

CDE The SPARK Newsletters

ELV Newsletter

USDE Newsletter

Colorado Shines - Subscribe

Healthy Child Care Colorado - Scroll to bottom to subscribe

RMPBS - [subscribe](#) or [view online](#) - scroll to bottom

The Scoop - New and past issues online (weekly publication)

CDEC - [subscribe](#) or [view online](#)
PDIS

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ECCLA [grants and scholarships](#)

CDE [scholarships](#)

CDHE [resources](#)

COAEYC [funding](#)

PDIS [funding](#)

UC Denver [funding](#)

Daniels Fund [scholarship](#)

NJC [scholarships](#) [T-PREP](#)

Growing Forward scholarships, coursework

CDEC new grants see if you qualify - Applications open now

Preschool Development Grant 0-5
FFN Grant

Family Support and Education

[Are You Over parenting? 8 Tips to Avoid “Learned Helplessness”](#)

As children grow, we need to find the line between being supportive and over parenting.

[TikTok is Harming Children at an Industrial Scale](#)

If you think it's okay for your child or teen to use TikTok, you may want to read this.

[What is Executive Function?](#)

Executive function is a set of mental skills. It includes working memory, flexible thinking, and self-control. Trouble with executive function can make it hard to focus, follow directions, and handle emotions, among other things.

[Are You Struggling With Your Own Screen Time?](#)

When you really look at the “big picture”, it's frightening how much time we spend on our phones, rather than being engaged with our spouses, children, and life in general.

[Gen Z \(and others\), Social Media is Optional](#)

This is a GREAT read from a young person who finally realized that social media does not have to consume your time, or your life!

[Coping in the Aftermath of an Emergency](#)

Whether you're a parent, teacher, or part of a child's circle of care, these tips, activities, and videos can help you help children feel safe, cope with uncertainty, and know they are not alone.

[How to \(and How NOT to\) Mandate Phone-Free Schools](#)

Children need a break from exposure to online and digital products. Many states are now tackling this issue, but not all efforts tackle the issue effectively. As parents, do you agree with the idea that schools should be phone-free?

[Embracing Life with Enthusiasm](#)

Supporting young children to become competent, confident, courageous, and resilient.

[Common Causes of Behavior Problems in Kids](#)

Knowing what makes kids act out is the first step to finding solutions.

[Does Your Child Seem Paralyzed to Make Decisions?](#)

In today's world, where information is abundant and misinformation is rampant, critical thinking skills are more crucial than ever. These are life skills that empower individuals to make informed decisions, solve problems, and navigate the complexities of the world.

[The 10 Best Non-Toxic Disposable Diapers](#)

Diapering your new baby shouldn't be complicated. Here are some great options.

Child Health and Well-Being

Choosing Baby's First Shoes

While at home or during nice weather, barefoot is best. But when it comes time for shoes, here are some things to consider.

Then and Now: How Fairy Tales Continue to Invite Us to Think Harder and Smarter

At their core, fairy tales are deceptively simple: transparent on the level of plot, but also sophisticated, complex, and full of mystery when it comes to their deeper meaning.

The Health Impacts of Mouth Breathing vs. Nose Breathing

Mouth breathing can lead to a variety of health problems for you or your child.

Complete Guide to Developmental Milestones

Every child is different, and so is every parent's experience; but experts have a clear idea about the range of normal development from birth to age 5 - and signs that a child might have a developmental delay. Remember - there is no penalty for being cautious about your growing child, and if there is a problem, acting early can make all the difference.

Benefits of Creating Music

Learning to play a musical instrument challenges the brain in new ways. Studies done with 4 and 5 year old children revealed that the more music skills they had, the greater their degree of phonological awareness and reading development.

You Should Definitely Encourage Your Child's Dinosaur Obsession

Above-average intelligence is not unusual for kids obsessed with any subject that generates a natural strong interest.

PBS is celebrating the new year with new episodes and games with your favorite characters.

Morning Meditation for Kids

Try this gentle guided morning meditation for kids. It helps start your child's day focusing on kindness and helpfulness.

Mindfulness Exercises to Reduce Anxiety in Kids

Practicing mindfulness exercises in daily life together with your kids can be a wonderful way for them to learn mindfulness.

Kids' Guided Meditation for Patience

When you help your child cultivate patience, you offer them a skill that reduces frustration and disappointment. This is a great one to try when your child is antsy or having trouble being in the moment.

Ring-necked Pheasant

*Pheasants are characterized by strong sexual dimorphism, males being highly decorated with bright colors and adornments such as wattles. Males, known as cocks or roosters, are usually larger than females and have longer tails. Males have iridescent copper-and-gold plumage, a red face, and a crisp white collar; their rooster-like crowing can be heard from up to a mile away. Males play no part in rearing the young. The brown females blend in with their field habitat. They are an introduced species native to Asia, and are closely related to grouse and turkeys. The ring-necked variety was introduced from China in the 1880's, and quickly became one of North America's most popular upland game birds.

*They eat mostly seeds, grains, roots, and berries, while in the summer they take advantage of insects, fresh green shoots, spiders, earthworms, snails, caterpillars, grasshoppers, and even small lizards, field voles and other small mammals and birds.

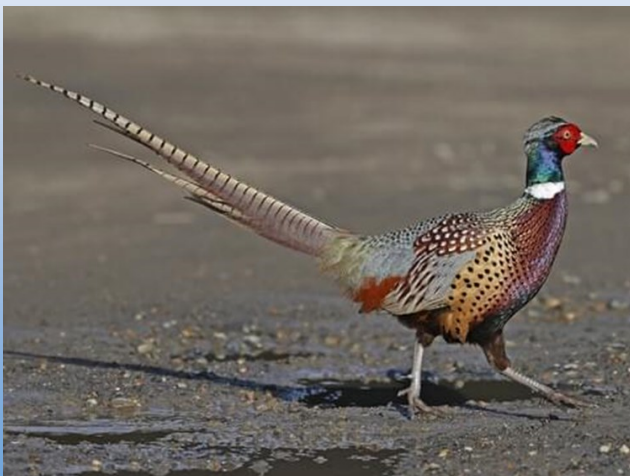
*Pheasants, along with most members of the grouse family, have specialized, powerful breast muscles that deliver bursts of power that allow the birds to escape trouble in a hurry, flushing nearly vertically into the air and reaching speeds of nearly 40 mph. While they normally don't cover more than about 600 feet at a time, strong winds can extend their flights considerably.

*Male Ring-necked Pheasants may harass other ground-nesting birds, such as the Gray Partridge and the Greater Prairie-Chicken. Females sometimes lay their own eggs in these birds' nests. This may explain why some male pheasants have been seen chasing away male prairie-chickens and courting females – the pheasants may have been raised in prairie-chicken nests and imprinted on the wrong species.

*Ring-necked Pheasants sometimes cope with extreme cold by simply remaining dormant for days at a time. They practice "harem-defense polygyny" where one male keeps other males away from a small group of females during the breeding season.

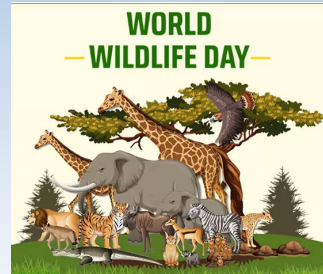
*Because they live in tall vegetation and oil fields, Ring-necked Pheasants can be hard to see even in places where they're numerous. Keep an eye out for them running between patches of cover as you travel through agricultural areas – particularly along dirt roads where the birds often forage in weedy areas. Winter is a good time to look for them, when vegetation is at a minimum, and some areas have a snowy backdrop for the birds to stand out against. In spring and summer, listen and watch for males performing their calling and wing-flapping display in open areas.

Source [1](#) [2](#) Listen to a rooster [here](#)



Holidays and Special Occasions in March

- March 1 – [Baby Sleep Day](#)
- March 2 – [Dr. Seuss Day](#)
- March 2 – [Read Across America Day](#)
- March 3 – [World Wildlife Day](#)
- March 4 – [Toy Soldier Day](#)
- March 4 – [World Day of Fight against Sexual Exploitation](#)
- March 5 – [National Potty Dance Day](#)
- March 7 – [Sock Monkey Day](#)
- March 9 – [Daylight Savings](#)
- March 9 – [National Barbie Day](#)
- March 11 – [National Dream Day](#)
- March 12 – [National Girl Scouts Day](#)
- March 14 – [National Preschooler's Day](#)
- March 17 – [St. Patrick's Day](#)
- March 18 – [Global Recycling Day](#)
- March 19 – [International Read to Me Day](#)
- March 20 – [Absolutely Incredible Kid Day](#)
- March 20 – [Bibliomania Day](#)
- March 20 – [Spring Equinox](#)
- March 20 – [Won't You Be My Neighbor Day](#)
- March 20 – [World Day of Theatre for Children and Young People](#)
- March 20 – [World Storytelling Day](#)
- March 21 – [Credit Card Reduction Day](#)
- March 21 – [Education Freedom Day](#)
- March 21 – [National Day of Action against Bullying and Violence](#)
- March 21 – [National Preschool Teacher Appreciation Day](#)
- March 22 – [World Water Day](#)
- March 23 – [World Math Day](#)
- March 25 – [Tolkien Reading Day](#)
- March 26 – [Little Red Wagon Day](#)
- March 31 – [Crayola Crayon Day](#)



Holidays and Special Occasions in March

March 1 – 4 – [International Women's Week](#)
March 2 – 6 – [Read Across America Week](#)
March 2 – 8 – [Words Matter Week](#)
March 2 – 8 – [World Orphan Week](#)
March 9 – 15 – [Girl Scout Week](#)
March 10 – 16 – [Nutrition and Hydration Week](#)
March 16 – 22 – [National Anonymous Giving Week](#)
March 16 – 23 – [National Bubble Week](#)
March 16 – 22 – [National Poison Prevention Week](#)
March 16 – 22 – [Schools Library Media Center Week](#)
March 16 – 22 – [World Folktales & Fables Week](#)
March 17 – 23 – [International Teach Music Week](#)
March 21 – 27 – [National Ag Week](#)
March 24 – 30 – [Tick Bite Prevention Week](#)



March is

[Expanding Girls' Horizons in Science and Engineering Month](#)

[Middle Level Education Month](#)

[National Credit Education Month](#)

[National Developmental Disabilities Month](#)

[National March Into Literacy Month](#)

[National Music in Our Schools Month](#)

[National Nutrition Month](#)

[National Reading Month](#)

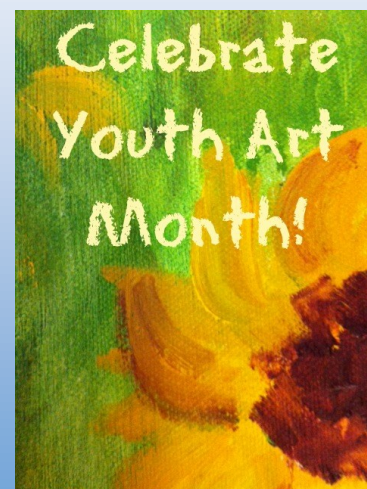
[Poison Prevention Awareness Month](#)

[Sing With Your Child Month](#)

[Social Work Month](#)

[Veggie Month](#)

[Youth Art Month](#)



Project Include

SUBJECT: Increase Inclusion in your Child Care Program - Project Include Kits are now available from ECCLPS!

[Project Include \(en español\)](#) offers *all licensed child care programs in Colorado the opportunity to build more inclusive learning environments through simple modifications and adaptive equipment.*

There is no cost or application to participate in Project Include – all Colorado licensed child care programs are eligible. Simply [fill out this interest form \(en español\)](#) to get started.

Interested programs will start by completing the *Introduction to Universal Design training on the Colorado Shines Professional Development Information System (PDIS).* After the training is complete, Project Include offers **Universal Design and Inclusion Kits** for programs to borrow and experiment with adaptive equipment. Each kit contains toys, tools, and materials that can be used to increase inclusion and participation by young children with delays and disabilities. The kits are focused on one of four developmental areas: **Communication & Literacy, Behavior & Cognition, Fine & Gross Motor, Vision & Hearing.**

We are excited to announce that Project Include's Universal Design and Inclusion Kits are now available to be borrowed directly from ECCLPS. After completion of the *Introduction to Universal Design training*, we will contact you with instructions for requesting your kit.

In addition, after programs have borrowed and explored at least one Universal Design & Inclusion Kit, they are eligible to receive customized coaching from our team of experts and free tools and materials to keep that will more permanently support inclusion of all children.

[Learn more and get started!](#) ([en español](#)). Contact Projectinclude@ucdenver.edu with questions.

This project is a partnership between the Center for Inclusive Design and Engineering (CIDE) and the Colorado Department of Early Childhood.

Please forward this information to anyone who might be interested in participating!

Thank you for helping us spread the word,
The Project Include team and ECCLPS.



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Any Time is a Great Time to Give Where You Live

ECCLPS

Accepts and appreciates donations through out the year!

If you would like to donate, please go to:

[ECCLPS Colorado Gives](#)

~ECCLPS TEAM~

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GENERAL INFORMATION

Office Hours

Tuesday - Friday 9:00 - 4:00

ECCLPS Partner Meetings

4th Monday of the Month (September - May)
11:50 AM - 12:50 PM

ECCLPS Professional Development Trainings

4th Monday of the Month (September - May)
6:30 PM - 8:30 PM

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