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EARLY CHILDHOOD COUNCIL

LOGAN - PHILLIPS - SEDGWICK

Every child can learn, play & succeed!

August 2024 Newsletter

Announcements ECCLPS News

For the month of August, the ECCLPS Featured Provider is **Hagen Early Education Center**. Hagen has been in operation for well over 20 years in Sterling. **Jamie Wright** became the Director in 2021 and is well suited to the position. She states that it's difficult to choose just one favorite thing about their program, but certainly getting to know the children and their families is at the top of the list. They engage in lots of activities through out the school year to help the families feel like they are an integral part of their child's education and well-being. They serve around 125 families each year. At RE-1 Valley Preschools, they strive to create a family environment. It is very important to them that the kids and their families are comfortable and feel welcome. They have an incredible staff with a wealth of knowledge and experience, and are here to help your child grow and learn. Thank you to all of the staff at Hagen for everything you do every day! Sterling is so fortunate to have such a great team to support our young learners.

We want to give a GREAT BIG THANK YOU to everyone who was part of our first ever Trivia Mania fundraiser! **Sterling Livestock Meat In** for their Platinum Sponsorship, **Family Food Market** for their Gold Sponsorship, **NJC ECE Program**, **Tri-State**, and **Highline Electric** for their Silver Sponsorship. Also to everyone who provided a cash donation and/or auction item, to everyone who purchased an auction item, and to everyone who attended the event and had a team. The Trivia winners were the **Last Ones Standing**, and earned themselves a \$400 cash prize! You can check out the fun photos [HERE](#). Of course we couldn't have done it without **Todd Allen** of Mega Music and **Bailee Jones**, our online auction Tech! It was such a fun night, we can't wait to do it again. All of the proceeds will be used to continue our work with Early Childhood Educators in Logan, Phillips, and Sedgwick counties, as well as support programs like Dolly Parton's Imagination Library, Safe Sitter classes, Week of the Young Child, Parenting classes, and so much more. We are so grateful to have the support of our amazing communities and all of the wonderful folks (like you) in them. Thank you!

Noteworthy Items

****You can use the QR Code below to enroll a child under 5 in the program, and also to donate to our program at any time.**



DYK – 12% of car seat checks are forward-facing seats... Of those, 80% are installed incorrectly! Make an appointment to have your car seat checked! Call the Northeast Colorado Health Department to schedule an appointment. 970-522-3741

PDG Strategic Planning, Sterling - We are looking for parents, business leaders, and anyone interested in preschool development. Please call 970-526-2440 to learn more.

Please join us on **KPMX 105.7** the second Wednesday of each month at 9:00 AM to stay up to date on what's happening at **ECCLPS**.

[Logan County Events](#)

[Sedgwick County Events](#)

[Phillips County Events](#)

If you have information you would like us to share in our newsletters, please send to [Aileen](#). You can view past issues of our newsletters [HERE](#)

Save the Date

July 25 - August 4 - **Logan County Fair & Rodeo**

Logan County Fairgrounds
Tickets and info [HERE](#)

August 7 - **Summer Blast**

10:00 AM - 1:00 PM
Sedgwick Town Park

August 8 - Ovid first day of class
Ovid school [calendar](#)

August 13 - Haxtun first day of class K-6
August 15 - Haxtun first day of class 7-12
Haxtun 24-25 school [calendar](#)

August 13 - Holyoke first day of class 7-12
August 14 - Holyoke first day of class K-6
Holyoke school [calendar](#)

August 14 - Fleming first day of class 4-12
August 16 - Fleming first day of class K-3
Fleming 24-25 school [calendar](#)

August 14 - Sterling first day of class
Sterling school [calendar](#)

August 15 - Merino first day of class
Merino 24-25 school [calendar](#)

August 19 - **PDG Strategic Planning**
12:00 - 2:00 PM
Overland Trail Museum Meeting Room

August 26 - Julesburg first day of class 7-12
August 26 - Julesburg PK-6 meet & greet
Julesburg school [calendar](#)

September 4 - Peetz first day of class
Peetz 24-25 school [calendar](#)

Learning & Development

Professional Development - We will not have another scheduled Professional Development training until the Fall. Please enjoy time with family and friends, and have a great Summer!

Healthy Child Care CO [Training Calendar](#)

DECC [Training Calendar](#)

ECCLA's EC Career Pathway [Tool](#)

Support for those seeking careers in Early Childhood.

PDIS Help Session [Calendar](#)

ECCLPS is offering training opportunities. Inquire with [Stephanie](#) if you're interested or to learn more.

[FLIP IT](#) [Building Your Bounce](#)

Professional Development for 2024-25 from Devereux Center for Resilient Children

[Free Webinars](#)

[Virtual Trainings](#)

[Vroom Info and Training Workshop](#)

August 22 from 11-12 PM. Click to register and share with your networks.

[Active Parenting Training Workshops](#)

Here you can register for an array of training opportunities and Continuing Education credit.

[6 Better Phrases to Say Instead of “Be Careful” When Kids are Taking Risks](#)

It's almost an automatic response when we see them engaging in “risky” behaviors. Chances are, they've learned to tune it out long ago.

Partner News Links

[Wildwood](#)

[Chop-Chop Family](#)

[Baby Bear Hugs](#) - Scroll to bottom to subscribe

[Child Care Aware of America](#) - Scroll to bottom to subscribe

[DECC Newsletter](#) - Click to subscribe

[Green Child Magazine](#) - Click to subscribe

[Our Voice](#) - Subscribe

[CDE The SPARK Newsletters](#)

[ELV Newsletter](#)

[USDE Newsletter](#)

[Colorado Shines](#) - Subscribe

[Healthy Child Care Colorado](#) - Scroll to bottom to subscribe

[RMPBS](#) - [subscribe](#) or [view online](#) - scroll to bottom

[The Scoop](#) - New and past issues online (weekly publication)

[CDEC](#) - [subscribe](#) or [view online](#)
PDIS

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ECCLA [grants and scholarships](#)

CDE [scholarships](#)

CDHE [resources](#)

COAEYC [funding](#)

PDIS [funding](#)

UC Denver [funding](#)

Daniels Fund [scholarship](#)

NJC [scholarships](#) [T-PREP](#)

[Growing Forward](#) scholarships, coursework

[CDEC](#) new grants see if you qualify - Applications open now

[Preschool Development Grant 0-5](#)

Family Support and Education

[The Best Bedtime Routine According to Science](#)

One consistent research finding is that having a bedtime routine not only helps make bedtime easier but also helps them sleep longer and better.

[How to Boost Your Child's Gut Health](#)

When you boost your child's gut health by supporting the microbiome, you're setting them up for a lifetime of wellness.

[Playful Book Explorations in Preschool](#)

Inviting young children to engage in playful retelling of stories develops powerful early literacy skills

[ADHD: Essential Ideas for Parents - Dr. Russell Barkely](#)

If your child has been diagnosed, this is a GREAT (but long) video you may find helpful.

[Types of Attention: Why Attention Issues are Confused for ADHD](#)

Since difficulty with paying attention is widely associated with ADHD, that tends to be the first thing parents, teachers, and clinicians suspect. But there are numerous other possibilities that may be the core issue.

[14 Ways to Help a Child with Central Auditory Processing Disorder](#)

Auditory processing disorders are often misdiagnosed as ADHD. Learn how to help children who may be struggling.

[Exercise is ADHD Medication](#)

Physical movement improves mental focus, memory, and cognitive flexibility; new research shows just how critical it is to academic performance.

[8 Executive Functioning Skills: Why My Child Can't Complete Tasks and Stay Organized in School](#)

Like many executive skills, executive functioning skills need to be developed.

[Strengthening Executive Function Builds Social-Emotional Competence in Young Learners](#)

Executive Function skills have long been known to lead to strong academic performance. But in recent years, there's a growing recognition of their importance for social-emotional learning as well.

[12 Secrets to Teaching Your Child How to Manage Their Emotions](#)

Giving children coping skills for their emotions is one of the most important tasks of parenting.

[Why Do Toddlers Bite?](#)

Here are some things you can do to support your child and help change their behavior.

Child Health and Well-Being

[Reading Readiness has to do With the Body](#)

Little ones need big body movements, fine and gross motor skills, and lots of free play to prepare them to read.

[The Dangers of Chlorine in Swimming Pools, and How to Protect Your Family](#)

Swimming and summer go hand in hand, but that little slice of summer shouldn't harm your health. Protect your family while enjoying the water.

[Move Your Body, Grow Your Brain](#)

Incorporating exercise and movement throughout the school day makes students less fidgety and more focused on learning.

[How Barefoot Play Boosts Children's Brains and Bodies](#)

Why playing barefoot is good for children, and how to encourage it in early education.

[What Science Reveals About a Child's Lovey or Security Blanket](#)

Turns out, blankies and loveys are a tool to boost a child's confidence level, self value, and they are even empowering. (There are a lot of ads in this post, keep scrolling to read the whole article.)

[The Vestibular System: An Internal GPS System for the Body](#)

Your child's vestibular system is very critical to learning. If it is underdeveloped or has experienced some type of inflammation or injury, you may notice your child having difficulty in the classroom.

[The 8th Sense Explained: 7 Interoception Activities for Kids](#)

Interoception allows us to interpret the things that are going on inside of our bodies. It helps us understand how we're feeling, and allows us to take the appropriate actions to manage the emotions those feelings create.

[65 Preschool Cooking Activities](#)

Preschoolers can begin to learn basic kitchen concepts, and can excel at simple tasks.

[Summer Fun](#)

5 Things to do on a sunny day for babies and toddlers, and 5 things to do on a rainy day.

[60 Summer Outdoor Activities for Kids](#)

Fun things for kids to do that won't break the bank, and they can do even while you're at work.

[Summer Camp Meditation \(plus a printable!\)](#)

Bring the magic of summer camp home for your little one with this calming cabin scene. Darling little bear friends Molly and Moon put your child in the perfect mindset to relax and practice mindfulness.

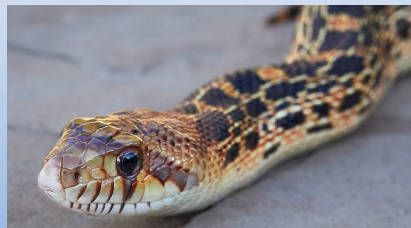
Bullsnake

*The bullsnake is a large, nonvenomous snake. It occurs throughout the Great Plains and parts of the Midwestern United States, ranging from southern Canada to Mexico. It is one of the largest/longest snakes of North America and the United States. It can reach lengths of up to 8 feet. Adults average about 4 to 6 feet and weigh from 2 to 3 pounds, but specimens have been found to weigh up to 9 pounds. They are usually yellow with brown, white, black, or sometimes reddish blotches. The pattern is large blotches on top, three sets of spots on the sides, and bands of black on the tail. There have been many color variations found, including albinos and white varieties.

*Bullsnakes are very powerful constrictors that eat small mammals, such as mice, moles, rats, pocket gophers, ground squirrels, as well as ground nesting birds, bird eggs, and lizards. Their climbing proficiency enables them to raid bird nests to eat the nestlings or sitting mother. One snake can eat five small birds within 15 minutes. Juveniles depend on small lizards, frogs, and baby mice. On very rare occurrence, they have been known to eat rattlesnakes.

*When bullsnakes detect live objects too big to be prey, they seem to perceive the object as a predator and take defensive action. They will typically remain quiet and still until they feel like they can move away, then do so as quickly as possible. When threatened by something as large as a human, the next defensive action is to rear up and make itself look as large as possible, while hissing. Then it will lunge and retreat at the same time, to escape. Because they look very similar to a rattlesnake, they have been known to perform an impressive rattlesnake impression when threatened. First it hisses, then it can produce a convincing rattling sound via the epiglottis. It also adopts a rattlesnake-like S-curve body posture as though about to strike. It commonly vibrates its tail rapidly in brush or leaves, and flattens its head to resemble the triangular shape of the rattlesnake. In contrast to rattlers, which usually keep their tails elevated to sound the most efficient rattle, bullsnakes tend to keep their tails in contact with the ground, where they can be vibrated against leaves or brush.

*They breed in March or April and usually lay their eggs in April, May, or June. They typically lay 12 eggs in sand or other protected areas and leave the eggs to incubate unprotected. Clutches of 5 to 22 eggs have been found. Eggs are elliptical, leathery, rough, sticky, and up to 2 3/4 inches long. They typically hatch in August or September. Baby bullsnakes are about 8 to 18 inches long. They are grey in color until after their first shed. Source [1](#), [2](#)



Holidays and Special Occasions in August

August 1 – Colorado Day

August 2 – National Coloring Book Day

August 3 – National Watermelon Day

August 4 – American Family Day

August 4 – Hooray for Kids Day

August 6 – National Root Beer Float Day

August 9 – Annual Perseid Meteor Shower Peak Night

August 9 – National Book Lovers Day

August 17 – National Nonprofit Day

August 17 – World Honey Bee Day

August 4 – 10 – Exercise With Your Child Week

August 4 – 10 – National Farmers Market Week

August 23 – 27 – World Water Week

August 25 – 31 – Be Kind to Humankind Week

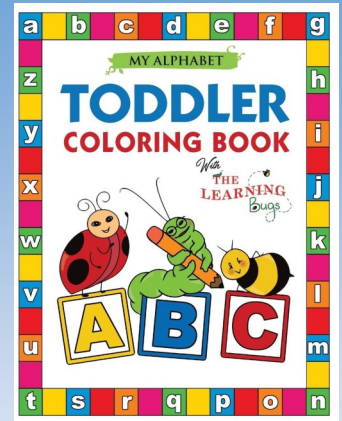
August 29 – September 4 – Literacy & Numeracy Week

August is

Back to School Month

National Peach Month

Summer Sun Safety Month



Project Include

SUBJECT: Increase Inclusion in your Child Care Program - Project Include Kits are now available from ECCLPS!

[Project Include \(en español\)](#) offers *all licensed child care programs in Colorado the opportunity to build more inclusive learning environments through simple modifications and adaptive equipment.*

There is no cost or application to participate in Project Include – all Colorado licensed child care programs are eligible. Simply [fill out this interest form \(en español\)](#) to get started.

Interested programs will start by completing the *Introduction to Universal Design training on the Colorado Shines Professional Development Information System (PDIS).* After the training is complete, Project Include offers **Universal Design and Inclusion Kits** for programs to borrow and experiment with adaptive equipment. Each kit contains toys, tools, and materials that can be used to increase inclusion and participation by young children with delays and disabilities. The kits are focused on one of four developmental areas: **Communication & Literacy, Behavior & Cognition, Fine & Gross Motor, Vision & Hearing.**

We are excited to announce that Project Include's Universal Design and Inclusion Kits are now available to be borrowed directly from ECCLPS. After completion of the *Introduction to Universal Design training*, we will contact you with instructions for requesting your kit.

In addition, after programs have borrowed and explored at least one Universal Design & Inclusion Kit, they are eligible to receive customized coaching from our team of experts and free tools and materials to keep that will more permanently support inclusion of all children.

[Learn more and get started!](#) ([en español](#)). Contact Projectinclude@ucdenver.edu with questions.

This project is a partnership between the Center for Inclusive Design and Engineering (CIDE) and the Colorado Department of Early Childhood.

Please forward this information to anyone who might be interested in participating!

Thank you for helping us spread the word,
The Project Include team and ECCLPS.



Center for Inclusive Design and Engineering (CIDE)

Project Include

Early Childhood Access through Adaptive Technology

UNIVERSITY OF COLORADO DENVER | AURARIA CAMPUS



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Every child can learn, play & succeed!

Any Time is a Great Time to Give Where You Live

ECCLPS

Accepts and appreciates donations through out the year!

If you would like to donate, please go to:

[ECCLPS Colorado Gives](#)

~ECCLPS TEAM~

Stephanie Swenson Quality Support Coach <u>ecclps.edwards@gmail.com</u>	Stacey Zink Coordinator <u>ecclps.zink@gmail.com</u>	Michelle Sharp Executive Director <u>ecclps.sharp@gmail.com</u>
Aileen Miranda Program Assistant <u>ecclps.miranda@gmail.com</u>		Bailee Jones UPK Coordinator <u>ecclps.jones@gmail.com</u>

GENERAL INFORMATION

Office Hours

Tuesday - Friday 9:00 - 4:00

ECCLPS Partner Meetings

4th Monday of the Month (September - May)

11:50 AM - 12:50 PM

ECCLPS Professional Development Trainings

4th Monday of the Month (September - May)

6:30 PM - 8:30 PM

Early Childhood Council Logan, Phillips, Sedgwick

100 Broadway Suite 14

P.O. Box 802

Sterling, CO 80751

970-526-2440

www.ecclps.org

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