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# EARLY CHILDHOOD COUNCIL

## LOGAN - PHILLIPS - SEDGWICK

*Every child can learn, play & succeed!*

## June 2024 Newsletter

### Announcements

This month our featured provider is **Virginia Jones**. Virginia has operated a Family Child Care Home in Sterling over the past 10 years. She recently changed her license to a large Family home, which allows her to accommodate 8 families, with a capacity for 12, with help. She has cared for children from 2 months old up to preschool age. She recently said goodbye to a family after 8 years of providing care for their children. She says, that is the difficult part, when they leave. Before opening her FCCH, she worked in centers in Sterling. When one of them closed, she was encouraged by the Director at that time to become licensed. Shout out to Robin, she was, and still is, an amazing mentor on Virginia's journey to become licensed. The thing Virginia loves most about what she does, is watching the children grow. She values creating that bond from birth to preschool, and many times, beyond. Another of her favorite things is seeing all the children every day, and being greeted by hugs. "What a fantastic career!" she stated. Virginia, thank you so much for what you do every day. You are amazing, and we are all grateful for you.

### ECCLPS News

\*We had such a wonderful time celebrating Provider Appreciation Day at the Elk's with Logan, Phillips, and Sedgwick counties Family Child Care Home Providers, and Teachers from our preschools and centers. It was a great turnout and the Trivia Challenge was a fun event! Each year we celebrate our Providers in May, for all they do to plant the seeds of knowledge in our youngest learners, and to ensure a bright future for Colorado's children. Please know how much you are needed and appreciated in your endeavor to fuel learning in children. Thank you for all you do every single day!

\*We also had the BEST time at the Dolly Parton Jamboree in Denver! We were invited to join other Colorado affiliates for a full day event and were treated to lots of fun prizes and giveaways. We spent the day learning, networking, and sharing ideas that will help us in our efforts to bring books into the hands of every child in Logan county from birth until their fifth birthday. If you know of someone with a young child who has not yet registered, please send them to [www.imaginationlibrary.com](http://www.imaginationlibrary.com) to enroll, so they can get books too!

## Noteworthy Items

\*Thank you Jamie Wright. We had a wonderful time at Hagen promoting Dolly Parton Imagination Library (DPIL) during their Author themed art show in May. It was great fun looking at all of the talented artists creations. We signed up an additional 16 children who will now be receiving a book each month until their 5th birthday.

\*We also had several new registrants sign up during enrollment week (May 20-26). They received a swag bag containing new DPIL stickers, a bookmark, butterfly garden seeds, a free child's meal from J&L Café, and other small goodies.

\*You can use the QR Code below to enroll a child under 5 in the program, and also to donate to our program at any time.



\*July 12 - **ECCLPS Fundraiser at the Elks**  
Details coming soon! Watch our [FB](#) page

Please join us on **KPMX 105.7** the second Wednesday of each month at 9:00 AM to stay up to date on what's happening at **ECCLPS**.

[Logan County Events](#)  
[Sedgwick County Events](#)  
[Phillips County Events](#)

If you have information you would like us to share in our newsletters, please send to [Aileen](#). You can view past issues of our newsletters [HERE](#)

## Save the Date

June 1 - **LOCAL Beer, Brats & Boots Anniversary**  
555 E Chestnut Sterling  
5:00 - 9:00 PM

June 5 & 26 - **Summer Blast**  
Ovid Town Park  
10:00 AM - 1:00 PM

June 6 - **Kids Games Extravaganza**  
Stretesky Pavilion Julesburg  
5:30 PM

June 7 - **Summer CPR & First Aid Class**  
NJC Knowles Hall Room 312 \$89.00  
8:30 AM - 5:00 PM Register [HERE](#)

June 7 - 9 - **Ovid Days**  
View the schedule [HERE](#)

June 8 - **Hometown Marketplace**  
Downtown Sterling  
9:00 AM - 4:00 PM

June 12 - **Summer Blast**  
Thompson Park Julesburg  
10:00 AM - 1:00 PM

June 15 - **Dandelion Daze**  
Phillips County Courthouse, Holyoke

June 19 - **Summer Blast**  
Sedgwick Town Park  
10:00 AM - 1:00 PM

June 20 - **Summer Solstice**

June 27 - **Talent Show**  
Stretesky Pavilion Julesburg  
5:00 - 7:00 PM Sign up [HERE](#)

June 28, July 5, 12, 19, 26 - **July Jamz**  
Logan County Courthouse Gazebo  
6:00 PM

June 29 - **Rockin' The Plains**  
Phillips County Fairgrounds [Ticket info](#)  
7:00 - 12:00 PM Doors open at 5:30

## Learning & Development

**Professional Development** - We will not have another scheduled Professional Development training until the Fall. Please enjoy time with family and friends, and have a great Summer!

**Healthy Child Care CO [Training Calendar](#)**

**DECC [Training Calendar](#)**

**ECCLA's EC Career Pathway [Tool](#)**

Support for those seeking careers in Early Childhood.

ECCLPS is offering training opportunities. Inquire with [Stephanie](#) if you're interested or to learn more.

**[FLIP IT](#) [Building Your Bounce](#)**

**[How Babies Learn](#)**

Children naturally rely on their sense perception and muscle movements to learn.

**[Babies and Toddlers: Developmental Milestones](#)**

Support your child's learning, development and emotional security with lots of positive interaction and age appropriate activities.

**[Preschooler Development & Parenting Tips](#)**

Preschooler developmental milestones - great resource with LOTS of information.

**[What Are Some of the Benefits of Reading to My Child?](#)**

One of the most powerful ways to give your child the best start in life is reading to them.

**[3 Ways to See Mathematical Structure in Everyday Kitchen Math](#)**

You don't have to look hard to see mathematical structure in the kitchen.

## Partner News Links

**[Wildwood](#)**

**[Chop-Chop Family](#)**

**[Baby Bear Hugs](#)** - Scroll to bottom to subscribe

**[Child Care Aware of America](#)** - Scroll to bottom to subscribe

**[DECC Newsletter](#)** - Click to subscribe

**[Green Child Magazine](#)** - Click to subscribe

**[Our Voice](#)** - Subscribe

**[CDE The SPARK Newsletters](#)**

**[ELV Newsletter](#)**

**[USDE Newsletter](#)**

**[Colorado Shines](#)** - Subscribe

**[Healthy Child Care Colorado](#)** - Scroll to bottom to subscribe

**[RMPBS](#)** - [subscribe](#) or [view online](#) - scroll to bottom

**[The Scoop](#)** - New and past issues online (weekly publication)

**[CDEC](#)** - [subscribe](#) or [view online](#)  
PDIS

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ECCLA [grants and scholarships](#)

CDE [scholarships](#)

CDHE [resources](#)

COAEYC [funding](#)

PDIS [funding](#)

UC Denver [funding](#)

Daniels Fund [scholarship](#)

NJC [scholarships](#) [T-PREP](#)

**[Growing Forward](#)** scholarships, coursework

**[CDEC](#)** new grants see if you qualify - Applications open now

**[Preschool Development Grant 0-5](#)**

# Family Support and Education

## Healthy Active Living for Families: The 5-2-1-0 Approach

As your children grow, continue to help them live a healthy active lifestyle.

## 7 Social Skills You Can Start Teaching Your Child Now

Social skills need ongoing refinement as kids grow. They aren't something a child either has or doesn't have. They continue to develop with age and can be learned and strengthened with effort and practice.

## 10 Best Tips for Transitioning from Crib to Bed

Moving to a toddler bed might seem challenging, but it doesn't have to be overwhelming.

## Fun and Engaging Questions to Ask Kindergarteners

Are you looking for a creative way to engage and stimulate your young child's mind? Asking kids good questions will foster problem solving and critical thinking skills, which are key components of learning.

## 105 Conversation Starters for Kids of All Ages

Talking to children deepens your bond and develops their communication skills. Inspire some back-and-forth with these conversation starters.

## How Kids Learn to Play: 6 Stages of Play Development

While playing, children learn and develop important skills they will continue to use throughout their lifetime.

## Scientists Say Child's Play Helps Build a Better Brain

The experience of play changes the connections of the neurons in the prefrontal cortex that help wire the brain's executive control center.

## Mindfulness Tips to Support Early Learner's Development Now

The CDC published a report on youth mental health, which listed daily mindfulness practices as the #2 strategy to drive improvement.

## Brain Breaks: Simple Brain Break Puzzles to "Spark" and Awaken the Brain for Higher Learning

Short bursts of physical and mental exercise is sometimes all your child needs to rewire the brain for higher learning.

## 100 Fun Summer Activities for Kids and Parents

Keeping kids busy this summer doesn't have to be expensive or over-the-top. These 100 summer activities are easy ways to keep things interesting.

## Summer Bucket List for Kids: 30 Things to Do in June

Some easy ideas to keep kids busy all month long.

# Child Health and Well-Being

## [Meet Chloe & Nurb!](#)

Amazing kids video series – How the Body Works

## [5 Ways to Stay Calm During Toddler Meltdowns](#)

Dealing with our child's big emotions, and knowing how to respond, is one of the hardest parts of parenting.

## [Three Vital Steps to Successful Routines](#)

Routines are essential because predictability helps children (and adults) feel safe.

## [Why Your Toddler Does Not Need to Share with Others](#)

Sharing is a developing social emotional skill they may not be ready for... yet.

## [Sensory Garden: Why Gardening Helps Emotional Grounding and Sensory Integration](#)

Creating a sensory garden is an opportunity to experience different textures: soil, rocks, water, mud, snails, worms, seeds, new sprouts, leaves, roots, and even weeds. It also teaches patience and persistence.

## [EASY! 5 Steps to Planting a Sensory Garden for Kids](#)

This article provides ideas to stimulate all 5 senses, and kids will love them all.

## [Construction Site Small World](#)

Skip the sand this summer and switch to a dirt box: it'll change everything. Check out this easy outdoor activity that kids will love!

## [Guidelines for Designing and Equipping Outdoor Play Yards](#)

The Outdoor Classroom Project's goal is to increase the quantity, quality, and benefit of outdoor activity for children ages zero - five.

## [Survival Skills Every Child Should Know](#)

As the weather is warming up, you might be thinking about camping in the mountains or at the lake as a vacation. These are wonderful skills to teach your child, and beneficial for adults as well.

## [Kids' Gratitude Guided Meditation: Thankful Heart on the Lazy River](#)

This kids' gratitude guided meditation encourages thankfulness, calms the mind and nervous system, and helps kids fall asleep easily.

## [101 Kid \(and Mom\) Approved Knock-Knock Jokes for Kids](#)

Who doesn't love a good knock-knock joke?

## [100 Jokes for Kids That Will Actually Make You Laugh](#)

Just in case you didn't get enough laughs...



# Project Include

SUBJECT: Increase Inclusion in your Child Care Program - Project Include Kits are now available from ECCLPS!

[Project Include \(en español\)](#) offers *all licensed child care programs in Colorado the opportunity to build more inclusive learning environments through simple modifications and adaptive equipment.*

**There is no cost or application to participate in Project Include – all Colorado licensed child care programs are eligible. Simply [fill out this interest form \(en español\)](#) to get started.**

Interested programs will start by completing the *Introduction to Universal Design training on the Colorado Shines Professional Development Information System (PDIS).* After the training is complete, Project Include offers **Universal Design and Inclusion Kits** for programs to borrow and experiment with adaptive equipment. Each kit contains toys, tools, and materials that can be used to increase inclusion and participation by young children with delays and disabilities. The kits are focused on one of four developmental areas: **Communication & Literacy, Behavior & Cognition, Fine & Gross Motor, Vision & Hearing.**

We are excited to announce that Project Include's Universal Design and Inclusion Kits are now available to be borrowed directly from ECCLPS. After completion of the *Introduction to Universal Design training*, we will contact you with instructions for requesting your kit.

In addition, after programs have borrowed and explored at least one Universal Design & Inclusion Kit, they are eligible to receive customized coaching from our team of experts and free tools and materials to keep that will more permanently support inclusion of all children.

[Learn more and get started!](#) ([en español](#)). Contact [Projectinclude@ucdenver.edu](mailto:Projectinclude@ucdenver.edu) with questions.

This project is a partnership between the Center for Inclusive Design and Engineering (CIDE) and the Colorado Department of Early Childhood.



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# Painted Lady Butterfly

In honor of National Pollinator Week, and because you can see them almost anywhere you look right now, we're featuring the Painted Lady.

The painted lady has a wingspan of 2-3 inches. Females are somewhat larger than males. It has scalloped orange wings with black patches. The tips of its forewings are black with white splotches. The underside is mottled gray, brown, and black with four eyespots. It is also called the thistle butterfly because it likes thistles, and the cosmopolitan butterfly because it is found all over the world.

It is found on all continents, except for Australia and Antarctica. It is the most widespread species of butterfly in the world. In North America, it is found from sub-Arctic Canada south to Panama. Following its annual spring migration it may be found anywhere in the state of Colorado. In late spring, they move northward as host plants emerge in spring. The size of the migration varies and is most dependent on the occurrence of spring rains. When a favorable precipitation pattern occurs, painted lady populations can explode and may enter Colorado in spectacular migration in late spring. It is found in almost any habitat, but prefers open, sunny environments like fields, parks, meadows, and dunes. During winter, they vacate most of the U.S. remaining active only in parts of the extreme southwestern states and northwestern Mexico.

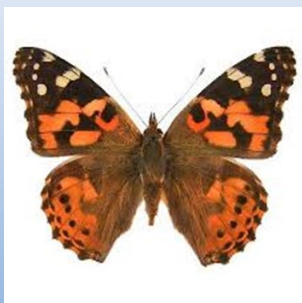
It consumes the nectar of a variety of plants including goldenrod, aster, zinnia, butterfly bush, and milkweed. It is a pollinator of the plants and flowers in its habitat. More than 100 plants have been recorded to act as hosts for painted lady larvae, but the most common include thistles, hollyhock, mallow, milkweed, aster, and a variety of legumes. It is a key element in the food chain, serving as prey for birds, bats, and other insects including ants, wasps, and spiders.

The female lays single pale green eggs on host plants. Eggs hatch in 3-5 days. The caterpillar is purple to black in color, has yellow and green stripes, and is covered in spines. It pupates in 5-10 days. The butterfly emerges from the chrysalis in 7-10 days.

"When one tugs at a single thing in nature, he finds it attached to the rest of the world."  
--John Muir

[Source 1](#) [Source 2](#) [Source 3](#)

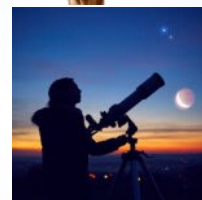
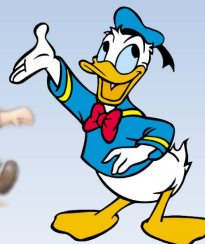
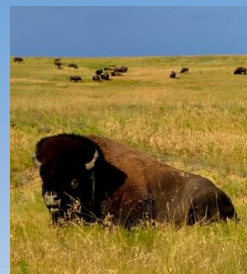
Learn more about pollinators, and how to create a pollinator habitat [HERE](#)



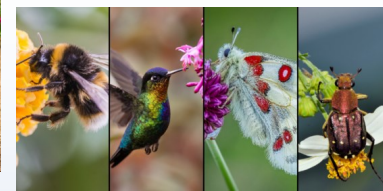
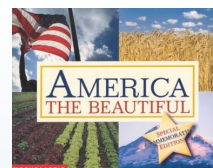


# Holidays and Special Occasions in June

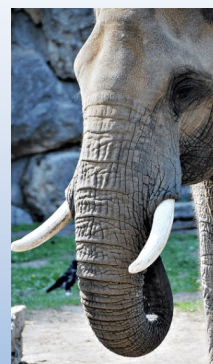
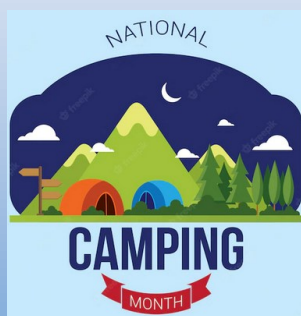
- June 1 - [Dinosaur Day](#)
- June 1 - [Intergenerational Day](#)
- June 1 - [International Children's Day](#)
- June 1 - [Prairie Day](#)
- June 1 - [World Reef Awareness Day](#)
- June 5 - [World Environment Day](#)
- June 8 - [Doll Day](#)
- June 9 - [Donald Duck Day](#)
- June 9 - [National Kids Day](#)
- June 11 - [National Corn on the Cob Day](#)
- June 12 - [Raggedy Ann and Andy Day](#)
- June 14 - [Flag Day](#)
- June 16 - [Father's Day](#)
- June 16 - [Fresh Veggies Day](#)
- June 16 - [World Sea Turtle Day](#)
- June 19 - [Juneteenth](#)
- June 20 - [Summer Solstice](#)
- June 21 - [World Giraffe Day](#)
- June 24 - [Upcycling Day](#)
- June 30 - [National Meteor Watch Day](#)
- June 30 - [Social Media Day](#)



- June 1 - 7 - [National CPR and AED Awareness Week](#)
- June 2 - 8 - [National Garden Week](#)
- June 2 - 8 - [National Week of the Ocean](#)
- June 3 - 9 - [America the Beautiful Week](#)
- June 24 - 30 - [National Pollinator Week](#)



- June is
- [National Camping Month](#)
- [National Dairy Month](#)
- [National Fresh Fruit and Vegetables Month](#)
- [National Oceans Month](#)
- [National Zoo and Aquarium Month](#)



PROTECT OUR OCEANS!

IT'S  
NATIONAL  
OCEANS  
MONTH





# Fun Photos of What ECCLPS Has Been up to!



Congratulations to our trophy winners!!!





Any Time is a Great Time to Give Where You Live  
**ECCLPS**  
Accepts and appreciates donations through out the year!  
If you would like to donate, please go to:  
[ECCLPS Colorado Gives](#)

## ~ECCLPS TEAM~

<b>Stephanie Swenson</b> Quality Support Coach <a href="mailto:ecclps.edwards@gmail.com"><u>ecclps.edwards@gmail.com</u></a>	<b>Stacey Zink</b> Coordinator <a href="mailto:ecclps.zink@gmail.com"><u>ecclps.zink@gmail.com</u></a>	<b>Michelle Sharp</b> Executive Director <a href="mailto:ecclps.sharp@gmail.com"><u>ecclps.sharp@gmail.com</u></a>
<b>Aileen Miranda</b> Program Assistant <a href="mailto:ecclps.miranda@gmail.com"><u>ecclps.miranda@gmail.com</u></a>		<b>Bailee Jones</b> UPK Coordinator <a href="mailto:ecclps.jones@gmail.com"><u>ecclps.jones@gmail.com</u></a>

## GENERAL INFORMATION

### Office Hours

Tuesday - Friday 9:00 - 4:00

### ECCLPS Partner Meetings

4th Monday of the Month (September - May)  
11:50 AM - 12:50 PM

### ECCLPS Professional Development Trainings

4th Monday of the Month (September - May)  
6:30 PM - 8:30 PM

Early Childhood Council Logan, Phillips, Sedgwick  
100 Broadway Suite 14  
P.O. Box 802  
Sterling, CO 80751

**970-526-2440**

[www.ecclps.org](http://www.ecclps.org)

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