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# EARLY CHILDHOOD COUNCIL

## LOGAN - PHILLIPS - SEDGWICK

### *Every child can learn, play & succeed!*

# July 2024 Newsletter

## Announcements

This month we're featuring **Marla Schoenberg** of **Marla's Daycare** in Sterling. Marla has been providing childcare for 47 years. She decided to start her business after she had her daughter, and wanted to be home with her. Her sister also needed a child care provider, and things snow balled from there. She became licensed in 1984 when she purchased her current home. She cares for children 15 months to 7 years old. One of her favorite things about childcare is helping the little ones learn to interact and share with each other. She feels this is so important in today's society, and it helps them prepare to start preschool. She noted that there were many times she thought of giving up her business, but then realized she would probably have remained in child care, so she stuck it out and continued with her own family child care home. We are grateful you did Marla! We appreciate all you do for children, families, and our community. We hope to have you around for years to come.

## ECCLPS News

We're so excited for our first ever **Trivia Mania** fundraiser on July 12! We hope to make this a yearly event because it is such great fun, but we can't do it without your help. We still need a few teams. If you are a trivia buff, or just want to show off your knowledge of random stuff, this event is for YOU! Grab your friends, family, or co-workers and register your team. We have lowered the cost to \$300 for a team of 4 (which includes a delicious dinner at the Elks Lodge in Sterling) and extended the deadline to register to July 5th. We will award the winning team \$400, plus additional prizes for Rowdiest Team and Most Creative Team (this can include most creative costumes, t-shirts, or team name). We also have an online auction which will go live on July 5th. Auction will close at 7:00 PM on the 12th, when trivia begins, so you can take your winnings home with you that night. We have some amazing items to bid on, so keep your eye on our **FB** page for the auction link. We will conclude the evening with a DJ and dance, and it will be a fun night for all. Special thanks to everyone who donated an auction item, and to **Todd Allen** from **Mega Music**! Call 970-526-2440 or email [ecclps.zink@gmail.com](mailto:ecclps.zink@gmail.com) to register your team before July 5th.

## Noteworthy Items

**\*\*You can use the QR Code below to enroll a child under 5 in the program, and also to donate to our program at any time.**



\*We have reached over 500 children enrolled in Dolly Parton's Imagination Library in Logan county! We have also graduated over 200. Parents, thank you for beginning your child's literary journey with us!

### **DIY Natural Insect Repellent**

You'll be relieved to know our favorite DIY repellent is easy to make and it works.

### **Homemade Fruit Sorbet**

Easy, healthy, delicious summertime snack

Please join us on **KPMX 105.7** the second Wednesday of each month at 9:00 AM to stay up to date on what's happening at **ECCLPS**.

[Logan County Events](#)

[Sedgwick County Events](#)

[Phillips County Events](#)

If you have information you would like us to share in our newsletters, please send to [Aileen](#). You can view past issues of our newsletters [HERE](#)

## Save the Date

July 4 - **Haxtun Fireworks**  
Community Center - Starts at dusk

July 4 - **Holyoke Fireworks**  
City Park - Starts at dusk

July 4 - **Hometown 4th of July**  
Sedgwick County Health Center  
5:30 PM - Fireworks start at dusk

July 4 - **Fireworks Jam**  
Home Depot Parking Lot Sterling  
5:00 PM - Fireworks start at dusk

July 10, 31 - **Summer Blast**  
10:00 AM - 1:00 PM  
Thompson Park, Julesburg

July 11, 18 - **Thursday Night Out**  
5:00 - 7:00 PM  
Stretesy Pavilion Julesburg

July 12 - **ECCLPS Trivia Night Fundraiser**  
5:30 PM Happy Hour 6:00 PM Dinner  
Elks Lodge 321 Ash St, Sterling

July 20 - **Old-Fashioned Saturday Night**  
Downtown Haxtun  
For more info click [HERE](#)

July 23 - 27 - **Phillips County Fair**  
Tickets and info [HERE](#)

July 24 - **Summer Blast**  
10:00 AM - 1:00 PM  
Ovid Town park

July 24 - 28 - **Sedgwick County Fair**  
Sedgwick County Fairgrounds  
Info [HERE](#)

July 25 - August 4 - **Logan County Fair & Rodeo**  
Logan County Fairgrounds  
Tickets and info [HERE](#)

# Learning & Development

**Professional Development** - We will not have another scheduled Professional Development training until the Fall. Please enjoy time with family and friends, and have a great Summer!

**Healthy Child Care CO [Training Calendar](#)**

**DECC [Training Calendar](#)**

**ECCLA's EC Career Pathway [Tool](#)**

Support for those seeking careers in Early Childhood.

ECCLPS is offering training opportunities. Inquire with [Stephanie](#) if you're interested or to learn more.

**[FLIP IT](#) [Building Your Bounce](#)**

**Professional Development for 2024-25 from Devereux Center for Resilient Children**

**[Free Webinars](#)**

**[Virtual Trainings](#)**

**[Preventing Suspensions and Expulsions in Early Childhood Settings](#)**

The purpose of this guide is to provide relevant, specific recommended policies and practices that are actionable and address the underlying root causes and provide effective alternatives. (Click the Joint Policy Statement link.)

**[Loose Parts for Children with Diverse Abilities](#)**

Educators can use a variety of adaptations to increase the participation of children with diverse abilities in the classroom ecosystem.

**[Vroom Info and Training Workshop](#)**

August 22 from 11-12 PM. Click to register and share with your networks.

# Partner News Links

**[Wildwood](#)**

**[Chop-Chop Family](#)**

**[Baby Bear Hugs](#)** - Scroll to bottom to subscribe

**[Child Care Aware of America](#)** - Scroll to bottom to subscribe

**[DECC Newsletter](#)** - Click to subscribe

**[Green Child Magazine](#)** - Click to subscribe

**[Our Voice](#)** - Subscribe

**[CDE The SPARK Newsletters](#)**

**[ELV Newsletter](#)**

**[USDE Newsletter](#)**

**[Colorado Shines](#)** - Subscribe

**[Healthy Child Care Colorado](#)** - Scroll to bottom to subscribe

**[RMPBS](#)** - [subscribe](#) or [view online](#) - scroll to bottom

**[The Scoop](#)** - New and past issues online (weekly publication)

**[CDEC](#)** - [subscribe](#) or [view online](#)

PDIS

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ECCLA [grants and scholarships](#)

CDE [scholarships](#)

CDHE [resources](#)

COAEYC [funding](#)

PDIS [funding](#)

UC Denver [funding](#)

Daniels Fund [scholarship](#)

NJC [scholarships](#) [T-PREP](#)

**[Growing Forward](#)** scholarships, coursework

**[CDEC](#)** new grants see if you qualify - Applications open now

**[Preschool Development Grant 0-5](#)**

# Family Support and Education

## Nervous System Regulation for Parents and Kids

Brain science expert and yoga and meditation teacher shares advice on how nervous system regulation benefits both parents and kids.

## 10 Ways to Improve Your Mental Health

Do something that you feel can improve your mental health, and try something you haven't before. You might be surprised and find a new way to lift your spirits.

## A Guide to Early Learning: What to Know for Reading Readiness

We hope these resources will help direct you as you embark on a journey through literacy with the child in your life and introduce them to the wonderful world of reading.

## Hands at Play: Developing Fine Motor Skills for Life

During their early years, children develop hand skills that they will need to be successful for the rest of their lives.

## 9 Stress-Reducing Strategies for Young Learners

Group time is the perfect opportunity to teach stress-reducing strategies to your young learners.

## How Monkey Bars Help Your Child's Brain

Purposeful activity supports the creation and development of the neural connections – myelination.

## Rewiring the Brain: Establishing Emotional Readiness, Muscle Memory, and Impulse Control

Mindful handwriting exercises and tracing activities are the gateway to rewire the brain for higher learning and emotional development.

## “Sittervising” is a Tool for Promoting Skill Development in Children

Child development truth: Adults change play. Learn how sittervising may benefit your child.

## Some Special Qualities of Early Childhood

Let's appreciate the special qualities of the early years.

## Drowning Prevention

Tools to ensure safety around the water.

## Holiday Happiness Hacks – the Healthy Kind

At the end of the school year, the anticipation of summer break is intoxicating. A few days in, the happy buzz will pass because that's the thing with emotions... they all pass.

# Child Health and Well-Being

## Locomotion and Spatial Awareness Activities for Kids

To improve your child's spatial awareness, you can enhance their motor skills and learning development with locomotion activities.

## What is the Proprioceptive Sense and Why is it Important for Learning

The proprioceptive sense tells us about our body position. Therapists often call it the "safe sense".

## 6 Reasons Why Dramatic Play Matters

Believe it or not, something as simple as an hour of pretend playtime can provide real benefits to children's cognitive development.

## Qualities of Play that Make it Ideal for Acquiring Skills

Mother Nature created play so we, especially when young, would practice skills that help us survive and thrive.

## 75% of the Time We Spend with Our Kids in Our Lifetime Will be Spent by Age 12

It is unlikely that anyone will get 18 endless summers with our kids. If we are fortunate, maybe we will get 13 or 14.

## Learning in Nature: Outdoor Preschools

Outdoor preschools are becoming more popular nationwide, encouraging kids to spend more time in nature.

## Studies Show Being Barefoot Makes You Happier & Smarter!

It also help with spatial awareness, gives a sense of different textures, and helps their feet develop naturally rather than conforming to a shoe.

## Simple Summer Science Experiments and STEM Activities

These summer science experiments and STEM activities will make learning fun this summer, and are sure to be a hit with your kids.

## 50 Outdoor Activities for Kids

These creative ideas are a fun way to encourage your older kids to spend time with the younger kids and the entire family.

## 100+ Outdoor Summer Activities for Kids

Even more things to do outside. Also check out the items listed under the header on this site (like geocaching).

## Heart-Brain Connection Meditation for Kids

Recognizing the harmony between the heart and brain can help your child feel more grounded in their body. You can help them develop a strong coherence with this heart-brain connection meditation.



# Happy Retirement Pat Hadeen

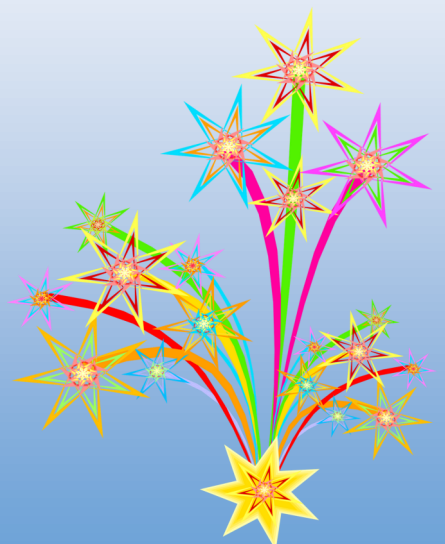
Pat Hadeen has been a Family Child Care Home Provider since October of 1977 in Haxtun, Colorado. She first started watching family members' children and then suddenly her business grew and she was watching more than just family. Pat's best guess is that she cared for around 885 children throughout her 45 years as a provider!

Pat got the most enjoyment out of the preschool aged children. Her favorite activity to do with the children was crafts. She also liked caring for infants, but admitted she won't miss crying babies anymore. Pat also loved ALL the stories the children told her and all those family "secrets". She once had a boy tell her an elaborate story about how he and his family built a chicken coop and it was filled with chickens, only later to find out from Mom that no such thing had happened.

When asked about what advice she would give to others considering starting a Family Child Care Home, Pat said, "Do it! Amee, the licensing specialist, is so great and easy to work with and she makes it less stressful." She said, "Amee has been the best to work with in all of my years as a provider."

Although Pat is really going to miss the kiddos and the time she spent with them she is looking forward to time off, and has plans for her retirement. Pat plans to do more camping, work on some home improvement projects, do more quilting, and continue to watch and follow her grandkids as they grow up.

ECCLPS would like to extend a big THANK YOU to Pat for all of her years of providing care for the children and families in Phillips County and the countless lives she has touched over the years! Congrats and we wish you well on your next chapter in life!



# American Kestrel

\*The American Kestrels is the smallest North American falcon (about the size of a jay.) Kestrels are high-energy birds, appearing restless when perched, bobbing their heads or tails up and down, or vocalizing (an excited, high-pitched “klee-klee-klee”...) for no apparent reason.

\*American kestrels are found in a wide variety of habitats, including grasslands, meadows, deserts and other open to semi-open regions. They can also be found in both urban and suburban areas. A kestrel's habitat must include perches, open space for hunting, and cavities for nesting (whether natural or man-made). They are cavity-nesting birds, and frequent artificial nest boxes, abandoned buildings, or even nest in roof openings of active residences. In more rural areas, they use holes in trees or cliff-face crevices as nest substrates. Males and females are essentially equal in size.

\*The American kestrel usually hunts in energy-conserving fashion by perching and scanning the ground for prey to ambush, though it also hunts from the air. It sometimes hovers in the air with rapid wing beats while homing in on prey. Its diet typically consists of grasshoppers and other insects (crickets, butterflies, moths, dragonflies, and beetles), lizards, frogs, mice and other rodents, and small birds (e.g. sparrows). This broad diet has contributed to its wide success as a species.

\*In migratory populations, the males arrive at the breeding ground before females, then the female selects a mate. Pair bonds are strong, and often permanent. Pairs usually use previous nesting sites in consecutive years. This gives birds an advantage over younger or invading individuals, as they would already be familiar with the hunting grounds, neighbors, predators, and other features of the site. Males perform elaborate dive displays to advertise their territory and attract a mate. These displays consist of several climbs and dives, with three or four “klee” calls at their peaks. Females are promiscuous for about one to two weeks after their arrival at the nesting site. This is thought to stimulate [ovulation](#). Food transfers from the male to the female occur from about four to five weeks prior to egg laying to one to two weeks after.

\*The female lays three to seven eggs, (typically four or five) 24 – 72 hours apart. The eggs are white to cream in color with brown or grey splotching. Incubation usually lasts 30 days and is mainly the responsibility of the female, although the male incubates 15–20% of the time. Eggs that are lost are typically replaced in 11–12 days. Hatching takes place over three to four days. Hatchlings are [altricial](#), and are only able to sit up after five days. They grow rapidly, reaching an adult weight after 16–17 days. After 28–31 days, their wings have developed and they are able to leave the nest. The young adult kestrels may breed from a year old, and the species has approximately a three to five-year life expectancy in the wild. Source [1](#), Source [2](#)



Male



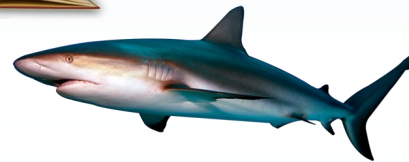
Female





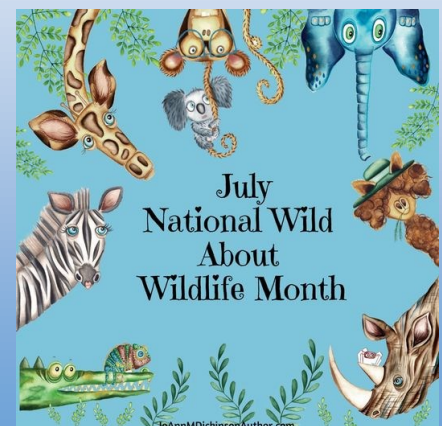
# Holidays and Special Occasions in July

July 1 – [American Zoo Day](#)  
 July 1 – [International Joke Day](#)  
 July 3 – [American Redneck Day](#)  
 July 3 – [International Plastic Bag Free Day](#)  
 July 4 – [Alice in Wonderland Day](#)  
 July 4 – [Fourth of July](#)  
 July 6 – [National Fried Chicken Day](#)  
 July 7 – [National Day of Rock 'n Roll](#)  
 July 14 – [National Mac and Cheese Day](#)  
 July 14 – [Shark Awareness Day](#)  
 July 20 – [Moon Day](#)  
 July 21 – [National Ice Cream Day](#)  
 July 22 – [World Brain Day](#)  
 July 25 – [World Drowning Prevention Day](#)  
 July 28 – [World Nature Conservation Day](#)  
 July 29 – [International Tiger Day](#)  
 July 30 – [National Cheesecake Day](#)  
 July 30 – [Paperback Book Day](#)  
 July 31 – [Harry Potter's Birthday](#)



July 20 – 28 – [National Moth Week](#)  
 July 21 – 28 – [Shark Week](#)  
 July 24 – August 8 – [National Marine Week](#)  
 July 26 – August 2 – [Love Parks Week](#)

July is  
[Corn Month](#)  
[Eggplant Month](#)  
[National Grilling Month](#)  
[National Make A Difference to Children Month](#)  
[National Picnic Month](#)  
[National Watermelon Month](#)  
[National Fishing Month](#)  
[Wild about Wildlife Month](#)





# Project Include

SUBJECT: Increase Inclusion in your Child Care Program - Project Include Kits are now available from ECCLPS!

[Project Include \(en español\)](#) offers *all licensed child care programs in Colorado the opportunity to build more inclusive learning environments through simple modifications and adaptive equipment.*

**There is no cost or application to participate in Project Include – all Colorado licensed child care programs are eligible. Simply [fill out this interest form \(en español\)](#) to get started.**

Interested programs will start by completing the *Introduction to Universal Design training on the Colorado Shines Professional Development Information System (PDIS)*. After the training is complete, Project Include offers **Universal Design and Inclusion Kits** for programs to borrow and experiment with adaptive equipment. Each kit contains toys, tools, and materials that can be used to increase inclusion and participation by young children with delays and disabilities. The kits are focused on one of four developmental areas: **Communication & Literacy, Behavior & Cognition, Fine & Gross Motor, Vision & Hearing.**

We are excited to announce that Project Include's Universal Design and Inclusion Kits are now available to be borrowed directly from ECCLPS. After completion of the *Introduction to Universal Design training*, we will contact you with instructions for requesting your kit.

In addition, after programs have borrowed and explored at least one Universal Design & Inclusion Kit, they are eligible to receive customized coaching from our team of experts and free tools and materials to keep that will more permanently support inclusion of all children.

[Learn more and get started!](#) ([en español](#)). Contact [Projectinclude@ucdenver.edu](mailto:Projectinclude@ucdenver.edu) with questions.

This project is a partnership between the Center for Inclusive Design and Engineering (CIDE) and the Colorado Department of Early Childhood.



 Center for Inclusive Design and Engineering (CIDE)  
**Project Include**  
Early Childhood Access through Adaptive Technology  
UNIVERSITY OF COLORADO DENVER | AURARIA CAMPUS



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*Every child can learn, play & succeed!*

Any Time is a Great Time to Give Where You Live

**ECCLPS**

Accepts and appreciates donations through out the year!

If you would like to donate, please go to:

[ECCLPS Colorado Gives](#)

**~ECCLPS TEAM~**

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**GENERAL INFORMATION**

Office Hours

Tuesday - Friday 9:00 - 4:00

ECCLPS Partner Meetings

4th Monday of the Month (September - May)

11:50 AM - 12:50 PM

ECCLPS Professional Development Trainings

4th Monday of the Month (September - May)

6:30 PM - 8:30 PM

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