

HAPPY New Year

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EARLY CHILDHOOD COUNCIL

LOGAN - PHILLIPS - SEDGWICK

Every child can learn, play & succeed!

January 2024 Newsletter

Announcements

This month We're featuring **Gloria Bornhoft-Bergner**. Gloria graduated from NJC with an Associates degree in Child Development in 1978, and has worked with children for the past 45 years. Thirteen of those, she was involved with centers and preschools, before opening her child care home 32 years ago! She applied for a child care home license because she wanted to be a foster parent while staying home and raising her own children. She began with a regular 6+2/foster home license, later applied for an Experienced Child Care Home license, and in 2023 she expanded to a Large Child Care Home that can serve 12 children at a time, ages 0-18. The things that make her heart happy and fulfilled are raising sibling groups together with their friends in an atmosphere that welcomes the mixing of different ages, interests, abilities, and experiences. Her biggest blessing has been witnessing the children learning from each other as they build long-term friendships! She was delighted when child care professionals were deemed "essential", when the world finally realized that they build stability within families, communities, and the economy. They are essential because, "The first five years have so much to do with how the next 80 turn out!" -Bill Gates. Thank you Gloria for sticking it out! She is rated a 2 in Colorado Shines, but certainly shines brighter in the eyes of the families she works with! **Thank you Gloria.**

ECCLPS News

*ECCLPS is so excited to announce our partnership with Project Include - UC Denver! We have received our inclusion kits and they are ready for checkout. Please see the flyer later in the newsletter for information on how to become involved with the program, so you can check the kits out, for use in your program.

*We are at an all time high for children registered for the **Imagination Library!** There are 475 currently enrolled, and 160 have graduated!!!



*Conference registration is open. If you have not yet registered, and would like to attend, please click **[HERE](#)**. Deadline to register is January 15.

Noteworthy Items

*ECCLPS would like to thank everyone who donated on [ColoradoGivesDay](#) 2023. It was such an amazing day of giving, and your donations to all of your favorite non-profits, charities, and community organizations helps make great things happen all year long! We didn't quite reach our goal of \$2,000 but we are so grateful and touched by your generosity and kind hearts. Thank you!

*We really enjoyed decorating our tree at the library this year! This year's theme was "Childcare is a Work of Heart!" Thank you to everyone who submitted pictures, they're what really made it special. We hope everyone made it in to see all the trees, especially for the Parade of Trees. Thank you [Sterling Public Library](#)!

*Thank you to everyone who donated gifts to those in need this year. Whether it was children's Christmas gifts, food, services, or whatever kindness you shared. It really is what the holiday is all about!

*Thank you to the wonderful communities in which we live! To those who shopped local to help support our economy and friends, and to all those "essentials" who had to work, while most were enjoying the festivities.

*We also hope everyone had a fabulous Holiday Season, and you were able to reflect and be grateful, and enjoy making many fond memories with family and friends. **Happy New Year!**

Save the Date

January 1 - **Happy New Year!**

January 22 - **ECCLPS Partner Meeting**
11:50 AM - 12:50 PM ECCLPS Office

January 22 - **NO PROFESSIONAL DEVELOPMENT TRAINING** - Please join us at the conference.

January 27 - **ECCLPS/NJC ECE Conference**
7:30 AM - 4:30 PM E.S. French Atrium NJC



[Logan County Events](#)

[Sedgwick County Events](#)

[Phillips County Events](#)

Family Support and Education

[The Courage of Parenting with a History of Trauma](#)

This is for all of you parents who lived through difficult childhoods, difficult years – through trauma...

[Passing the Torch of Kindness](#)

One of the greatest gifts we can give to the next generations is the ability to navigate life with kindness.

[Awe Makes Kids More Generous, Empathetic, and Content](#)

5 Ways to help find more awe.

[The Benefits of a Digital Detox for Kids](#)

If your child struggles with poor screen time habits, a digital detox for kids can be extremely helpful.

[The Power of Attention and the Skill of Assertiveness for Parents](#)

The Power of Attention empowers you to focus on what you do want rather than what you don't want.

[Power of Free Will](#)

The only person you can make change is you.

[Supporting Administrators and School Leaders with Conscious Discipline](#)

When we discuss champions for education, we often default to teachers. And teachers *are* heroes—the backbone of our educational system. However, we cannot overlook those in administration positions as heroes in their own rights. Superintendents, directors, principals, deans, specialists, and others carry the mental load of decision-making while balancing the responsibilities of student safety, teacher well-being, political demands, and community pressure.

[Cone of Learning: Creating Active Learners Through Sensory Integration and Hands-On Experiences](#)

In the mid-20th century, a researcher, Edgar Dale, theorized that learners retain more information by what they 'do' as opposed to what is 'heard', 'read' or 'observed'.

[Wishing You Wellness: Parent Self-Care](#)

The reality is that if we don't practice self-care, we can't give our best selves to our children, spouses, and others around us.

Child Health and Well-Being

[18 Effective De-Escalation Strategies for Defusing Meltdowns](#)

As a parent or caregiver, it's important to know some safe and helpful de-escalation strategies for meltdowns. Also read [6 Powerful NVCI Skills for Handling Meltdowns](#)

[Risky Play for Children: Why We Should Let Kids Go Outside and Then Get Out of the Way](#)

It turns out play with an element of risk may be exactly what today's kids are missing

[Winter Activities for Teens and Tweens](#)

Keep your teens busy, connected, content, and off screens.

[Encouraging Nature Play](#)

Play researchers adamantly argue that authentic play is (and has always been) the most critical activity of early childhood, and gives children a number of benefits.

[Developing Early Mathematical Skills Through Cooking](#)

The kitchen is an excellent "classroom" that is fully equipped with tools and opportunities to develop early math skills.

[Teach Kids How to Blow Their Nose](#)

Teaching preschoolers to blow their nose is one of the practical life activities for preschool.

[Bilateral Coordination Delays can Lead to Trouble in the Classroom](#)

Children who struggle with bilateral coordination have difficulty tying their shoes, drawing, writing, crawling, and often appear clumsy or uncoordinated.

[Language-Building Play](#)

Help your baby's language skills through play. (A short video)

[Babies Learn Language Best Through Sing-Song Speech, Not Phonetics](#)

Infants can use rhythmic information like a scaffold or skeleton to add phonetic information on to.

[Singing to Babies is Vital to Help Them Learn Language](#)

Study find infants first understand language via rhythm and tone rather than individual sounds.

[Games](#)

Play games with your kids that require perspective taking, like charades or pretend play. These games will help them learn to think about how other people might see things, and they'll have fun while they're learning.

Learning & Development

Professional Development - There will be no Professional Development training in January due to the conference, which will provide the opportunity for 7 training hours. Keynote Speaker will be Cathrine Floyd.

If you haven't registered yet click [HERE](#)

Healthy Child Care CO [Training Calendar](#)

ECCLPS will be offering new training opportunities in the weeks to come. Inquire with [Stephanie](#) if you're interested or to learn more.

[FLIP IT](#) [Building Your Bounce](#) [PAS-3](#)

FLIP IT and Building Your Bounce pair well with Conscious Discipline.

[Conscious Discipline](#) is a very engaging form of teaching children and adults, to be aware. These are the final chapters. Try it, notice the changes in how you look at yourself and others, once you become more mindful and present.

[Chapter 9](#) - Positive Intent

[Chapter 10](#) - Consequences

If you have information you would like us to share in our newsletters, please send to [Aileen](#) prior to the month you would like it to be featured.

Please join us on **KPMX 105.7** the second Wednesday of each month at 9:00 AM to stay up to date on what's happening at **ECCLPS**.

Partner News Links

[Wildwood](#)

[Chop-Chop Family](#)

[Baby Bear Hugs](#) - Scroll to bottom to subscribe

[Child Care Aware of America](#) - Scroll to bottom to subscribe

[DECC Newsletter](#) - Click to subscribe

[Green Child Magazine](#) - Click to subscribe

[Our Voice](#) - Subscribe

[CDE The SPARK Newsletters](#)

[ELV Newsletter](#)

[USDE Newsletter](#)

[Colorado Shines Brighter](#) - Subscribe

[Healthy Child Care Colorado](#) - Scroll to bottom to subscribe

[RMPBS](#) - [subscribe](#) or [view online](#) - scroll to bottom

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ECCLA [grants and scholarships](#)

CDE [scholarships](#)

CDHE [resources](#)

COAEOYC [funding](#)

PDIS [funding](#)

UC Denver [funding](#)

Daniels Fund [scholarship](#)

NJC [scholarships](#)

Colorado Shines Improvement [funding](#)

[Growing Forward](#) scholarships, coursework

We're excited for the new **Childcare Read/Motheread/Fatheread** books we've ordered to make the sessions even more fun! Please reach out to [Mary](#) if you would like to be a part of these programs.

Project Include

SUBJECT: Increase Inclusion in your Child Care Program - Project Include Kits are now available from ECCLPS!

[Project Include \(en español\)](#) offers all licensed child care programs in Colorado the opportunity to build more inclusive learning environments through simple modifications and adaptive equipment.

There is no cost or application to participate in Project Include – all Colorado licensed child care programs are eligible. Simply [fill out this interest form \(en español\)](#) to get started.

Interested programs will start by completing the *Introduction to Universal Design training on the Colorado Shines Professional Development Information System (PDIS)*. After the training is complete, Project Include offers **Universal Design and Inclusion Kits** for programs to borrow and experiment with adaptive equipment. Each kit contains toys, tools, and materials that can be used to increase inclusion and participation by young children with delays and disabilities. The kits are focused on one of four developmental areas: **Communication & Literacy, Behavior & Cognition, Fine & Gross Motor, Vision & Hearing**.

We are excited to announce that Project Include's Universal Design and Inclusion Kits are now available to be borrowed directly from ECCLPS. After completion of the *Introduction to Universal Design training*, we will contact you with instructions for requesting your kit.

In addition, after programs have borrowed and explored at least one Universal Design & Inclusion Kit, they are eligible to receive customized coaching from our team of experts and free tools and materials to keep that will more permanently support inclusion of all children.

[Learn more and get started!](#) ([en español](#)). Contact Projectinclude@ucdenver.edu with questions.

This project is a partnership between the Center for Inclusive Design and Engineering (CIDE) and the Colorado Department of Early Childhood.

Please forward this information to anyone who might be interested in participating!

Thank you for helping us spread the word,
The Project Include team and ECCLPS.



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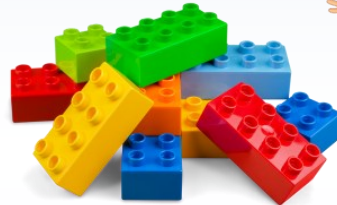
Every child can learn, play & succeed!

Holidays and Special Occasions in January

- January 1 - [New Year's Day](#)
- January 3 - [JRR Tolkien Day](#)
- January 9 - [National Law Enforcement Day](#)
- January 15 - [Elementary School Teacher Day](#)
- January 15 - [Martin Luther King Day](#)
- January 17 - [Benjamin Franklin Day](#)
- January 20 - [Penguin Awareness Day](#)
- January 21 - [Grandma Day](#)
- January 22 - [Celebration of Life Day](#)
- January 22 - [National Grandpa Day](#)
- January 24 - [International Day of Education](#)
- January 28 - [Lego Day](#)



CELEBRATE TOLKIEN



- January 14 - 20 - [National Mocktail Week](#)
- January 14 - 20 - [National Pizza Week](#)

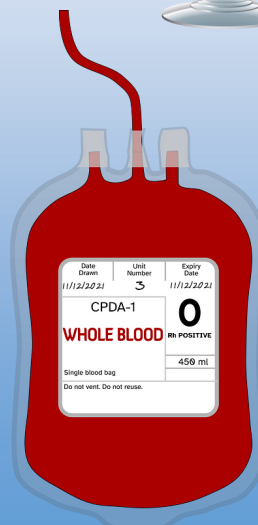


January is

[Be Kind to Food Servers Month](#)

[Financial Wellness Month](#)

[National Blood Donor Month](#)



Raccoon

Is a mammal native to North America.

Is the largest of the [procyonid](#) family, having a body length of 16 to 28 inches and body weight of 11 to 57 pounds!

Its three most notable features are: extremely dexterous front paws, its facial mask, and its ringed tail.

It's noted for its intelligence, is nocturnal and omnivorous.

They have a gestation period of about 65 days, and typically give birth to two to five kits in spring. Generally, only half will survive the first year.

In captivity, they can live over 20 years, but in the wild, typically live from 2-3 years. Vehicular injury is the most common cause of death, the most frequent natural cause of death is distemper, and natural predators include: bobcats, coyotes, great horned owls, bears, and cougars. In some climates, they are also preyed upon by wolves, alligators, and birds of prey.

Once thought to be closely related to weasels, but are actually closer related to bears.

It has a very dense underfur, which accounts for almost 90% of the coat, and insulates against cold weather. They can both sweat and pant to cool off.

They are able to climb down trees head first due to the ability to rotate its hind feet so they are pointing backwards.

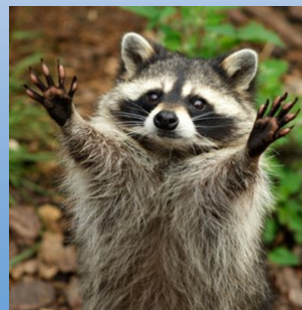
They have 40 teeth and non-retractable claws.

Its sense of touch is the most notable sense, and can recognize more items by touch than by smell.

Their diet consists of: insects, worms, fruits, nuts (acorns, walnuts), birds, other mammals, crayfish, fish, amphibians, eggs, hatchlings, pet food, and human garbage. When food is plentiful, they can develop strong individual preferences for specific foods.

In very cold climates, they go into a winter rest and reduce their activity drastically, but do not actually hibernate.

Though they are native to North America, they have been distributed in several European and Asian countries, the former Soviet Union, and Japan.



Any Time is a Great Time to Give Where You Live

ECCLPS

Accepts and appreciates donations through out the year!

If you would like to donate, please go to:

[ECCLPS Colorado Gives](#)

~ECCLPS TEAM~

<p>Stephanie Swenson Quality Support Coach <u>ecclps.edwards@gmail.com</u></p>	<p>Stacey Zink Coordinator <u>ecclps.zink@gmail.com</u></p>	<p>Michelle Sharp Executive Director <u>ecclps.sharp@gmail.com</u></p>
<p>Aileen Miranda Program Assistant <u>ecclps.miranda@gmail.com</u></p>	<p>Bailee Jones UPK Coordinator <u>ecclps.jones@gmail.com</u></p>	<p>Mary Pennock Child Read Coordinator <u>ecclps.pennock@gmail.com</u></p>

GENERAL INFORMATION

Office Hours

Tuesday - Friday 8:30 - 5:00

ECCLPS Partner Meetings

4th Monday of the Month (September - May)

11:50 AM - 12:50 PM

ECCLPS Professional Development Trainings

4th Monday of the Month (September - May)

6:30 PM - 8:30 PM

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