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EARLY CHILDHOOD COUNCIL

LOGAN - PHILLIPS - SEDGWICK

Every child can learn, play & succeed!

December 2023 Newsletter

Announcements

This month we're featuring **Peetz Little Bulldogs Preschool**. The preschool was established in 2009, and **Samantha Ewertz** became the Director in August 2022. They have a terrific Staff of three, including Samantha, and typically serve about 18 preschool families per year, of children between the ages of 2 1/2 - 6 years old. They have many favorite things about their program. They feel lucky to work in a small school where they feel appreciated and welcomed. They have a wonderful and supportive staff throughout the whole building, and enjoy partnering with the families in their community. It has been an amazing experience, and they feel blessed to be a part of the preschool students lives and education. They are also excited to be a part of creating the new learning space for the future preschoolers of the Peetz community, and looking forward to seeing the new school next summer! They are rated a 2 in Colorado Shines. Keep up the great work **Peetz Little Bulldogs!**

ECCLPS News

There will be **no Partner Meeting or Professional Development Training on December 25 due to the holiday.

ECCLPS office will be closed from **December 22 - January 1. We will return to the office on January 2, 2024.

We will have our **Partner Meeting on January 22**, but no Professional Development Training due to the ECCLPS/NJC ECE Conference on the 27. Registration for the conference will be open soon. Keep an eye out for an email containing the link. If you are eligible, you may use QI funds to pay.

Colorado Gives Day is December 5, 2023. It is the biggest giving day of the year for many non-profit organizations, including ECCLPS. We graciously accept and appreciate your donations any time of year, but it can make an even bigger impact on CO Gives Day! Each donation made to us qualifies for the childcare tax credit. For every dollar, the donor receives the donation to lower their taxable income, and 50% as a tax credit to offset their taxes owed. Please help support our Early Childhood Champions by clicking [Here](#).

Noteworthy Items

*Don't forget, before winter arrives and cold, snowy weather sets in - check your child's car safety seat! If you haven't checked the fit of your child in their seat lately, or you're not sure how to check for a proper fit, you can reach out to Northeast Colorado Health Department (NCHD) and schedule a car seat check anytime! You can reach NCHD by calling 970-522-3741 and ask for Michelle. Don't delay – call today! Make sure your little ones are safe.

*Colorado Gives Day is on December 5 this year. Anyone who donates \$100 to a single non-profit will be automatically entered into an hourly random prize. One winner each hour will win a Southwest Airlines voucher good for round trip airfare up to \$400!

*YOU can help ECCLPS win by donating on Colorado Gives Day during these hours: 7-8 AM, 10-11 AM, 4-5 PM, 7-8 PM, and 10-11 PM. We can win an extra \$2,000!

*There have been some changes to our Colorado Gives page this year. Donations are set up to be a recurring monthly donation unless you change it to a one-time donation. The benefit is that when a donor sets up a new monthly donation to ECCLPS, the Colorado Gives Foundation will match the second donation up to \$100! (**Please be sure to change the option if you would like to make a one-time donation.**)

Save the Date

December 2 - **Cookies & Cocoa with Santa**
9:00 - 10:30 AM movie to follow at 11:00 AM
Hippodrome, Julesburg

December 2 - **Hometown Marketplace**
100 & 200 block of Main St. Sterling
9:00 AM - 4:00 PM

December 4 - **Country Christmas & Parade of Lights - A Charlie Brown Christmas**
Downtown Holyoke
3:00 - 8:00 PM

December 5 - [Colorado Gives Day](#)

December 7 - **Parade of Lights - Candyland**
Main St. Sterling
6:00 - 7:00 PM

December 7 - **Parade of Lights - It's a Charlie Brown Christmas**
Downtown Julesburg
6:15 - 7:15 PM

December 21 - **Parade of Trees**
Sterling Public Library 420 N 5th St.
5:00 - 8:00 PM

December 25 - **Merry Christmas**

December 25 - **ECCLPS Partner Meeting**
No meeting this month due to Christmas

December 25 - **ECCLPS Professional Development Training**
No training this month due to Christmas

January 27 - **ECCLPS/NJC ECE Conference**

[Logan County Events](#)
[Sedgwick County Events](#)
[Phillips County Events](#)

Family Support and Education

Sesame Workshop

Everything you need to help children grow smarter, stronger, kinder.

115 Things to do While Your Child is Still Little

Time goes by in the blink of an eye when you have children. Coming to that realization can be a blessing as you learn to relish every precious second like never before.

Why Relationships Really Matter in our Earliest Years

It really *does* take a village to raise a child.

Teaching Kids Life Skills: 7 Essential Life Skills to Help Your Child Succeed

What are the most important life skills for kids to learn?

11 Life Skills You Should Teach Your Kids

Life skills are valuable lessons kids will use throughout their lifetime.

7 Social Skills You Can Start Teaching Your Child Now

Learning social skills is a key part of child development.

Why & How to Choose Battery-Free Toys

Non battery operated toys help boost your child's critical thinking and problem-solving skills. They foster a sense of satisfaction when your child can do things independently.

How To Avoid Using Time Outs (And Other Punishments)

Parenting is about building relationships with children; about seeking and deepening connection.

The Real Reasons Toddlers Push Limits

Sensitive, intensely emotional, and severely lacking in impulse control, toddlers often have "unusual" ways of expressing their needs and feelings.

The Bedtime Hoops: 4 Important Questions to Ask Your Kids Every Night

I started asking my kids these four questions every night and it has changed our relationship.

Healthy Body Boundaries for Kids: Your Child Doesn't Owe Anyone a Hug

We want our kids to feel empowered when it comes to setting limits on physical touch.

Managing the Mental Load of Motherhood

Self-care isn't selfish, everyone needs a brain and body break to recharge.

Seven Powers: Power of Acceptance

Learn to respond to what life offers instead of trying to make the world go your way.

Child Health and Well-Being

[The Sibling Bond: How to Help Make it Stick](#)

There has been so much research into the impact of “the mother bond”, the involvement of fathers, and even the impact of friends on child development. It is strange that the influence of siblings has been far less thoroughly explored.

[5-Minute Guided Meditation for Anxiety](#)

One of the reasons their guided meditation scripts for kids are so popular is how short and powerful they are. With this 5-minute guided meditation for anxiety script, you’ll help your child gently process and release any worries they have.

[Nervous System Regulation for Parents and Kids](#)

It is not surprising in our high tech, high activity, “always on” society, that kid’ nervous systems are being triggered frequently, and many times they do not have the support or tools to regulate their bodies.

[Kindness](#)

Explore the profound impact of kindness on individuals, communities, and the world as a whole.

[The Benefits of Deleting Social Media](#)

Much attention is given to adolescents and the amount of time they spend on social media, but what about adults? Engage with your family and notice the difference.

[Seven Powers: Power of Love](#)

The Power of Love is an extremely potent, largely neglected resource we can tap into at any time. It is the conscious choice to see the best in others. This Power stems from the principle that what we offer to others, we strengthen in ourselves.

[Why Creativity is Important in Early Child Development](#)

Babies and young children are taking their first steps in creative exploration from birth as they begin to make connections and make sense of the world; they are natural explorers.

[An Age-By-Age Guide to Your Kid’s Hygiene](#)

Bath time tips, and more. Scroll to the bottom and check out even more articles.

[Keeping Your Child’s Teeth Healthy](#)

Good dental care begins before a baby’s first tooth appears. Just because you can’t see them, doesn’t mean they aren’t there.

[4 Gifts for Christmas: How to Make Your Family Happy with Less](#)

Recapture the magic of the holidays by giving just 4 gifts. Want, need, wear, read!

Learning & Development

Professional Development - There will be no Professional Development training in December, due to the holiday. In January, the training will be the conference, with the opportunity for 7 training hours. Keynote Speaker will be Cathrine Floyd.

Healthy Child Care CO [Training Calendar](#)

ECCLPS will be offering new training opportunities in the weeks to come. Inquire with [Stephanie](#) if you're interested or to learn more.

[FLIP IT](#) [Building Your Bounce](#) [PAS-3](#)

FLIP IT and Building Your Bounce pair well with Conscious Discipline.

[Conscious Discipline](#) is a very engaging form of teaching children and adults, to be aware. Over the next few months, a link will be included to introduce new chapters. Try it, notice the changes in how you look at yourself and others, once you become more mindful and present.

[Chapter 7](#) - Choices

[Chapter 8](#) - Empathy

If you have information you would like us to share in our newsletters, please send to [Aileen](#) prior to the month you would like it to be featured.

Please join us on **KPMX 105.7** the second Wednesday of each month at 9:00 AM to stay up to date on what's happening at ECCLPS.

Partner News Links

[Wildwood](#)

[Chop-Chop Family](#)

[Baby Bear Hugs](#) - Scroll to bottom to subscribe

[Child Care Aware of America](#) - Scroll to bottom to subscribe

[DECC Newsletter](#) - Click to subscribe

[Green Child Magazine](#) - Click to subscribe

[Our Voice](#) - Subscribe

[CDE The SPARK Newsletters](#)

[ELV Newsletter](#)

[USDE Newsletter](#)

[Colorado Shines Brighter](#) - Subscribe

[Healthy Child Care Colorado](#) - Scroll to bottom to subscribe

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ECCLA [Grants and Scholarships](#)

CDE [scholarships](#)

CDHE [resources](#)

COAEYC [funding](#)

PDIS [funding](#)

UC Denver [funding](#)

Daniels Fund [scholarship](#)

NJC [scholarships](#)

ECMHC [Grant Writing Support](#)

Colorado Shines Improvement [funding](#)

We're excited for the new **Childcare Read/Motheread/Fatheread** books we've ordered to make the sessions even more fun! Please reach out to [Mary](#) if you would like to be a part of these programs.

Holidays and Special Occasions in December

December 1 – [National Women Support Women Day](#)

December 2 – [Special Education Day](#)

December 4 – [World Wildlife Conservation Day](#)

December 5 – [National Communicate With Your Kids Day](#)

December 7 – [Hanukkah](#)

December 10 – [Dewey Decimal System Day](#)

December 16 – [National Chocolate Covered Anything Day](#)

December 21 – [Winter Solstice](#)

December 21 – [National Homeless Persons' Remembrance Day](#)

December 24 – [Christmas Eve](#)

December 25 – [Christmas](#)

December 26 – [Kwanzaa](#)

December 28 – [Pledge of Allegiance Day](#)

December 31 – [New Year's Eve](#)

December 5 – 9 – [Inclusive Schools Week](#)

December 6 – 12 – [Computer Science Education Week](#)

December is

[National Volunteers Month](#)

[Month of Giving](#)



Merry Christmas



“Antelope”

- * They are not actually an Antelope, they are technically a Pronghorn Deer. Their closest relatives are: [giraffes](#) and [okapi](#), (both of Africa), [deer](#), [bovids](#), and [moschids](#)
- * They are the fastest land mammal in the Western Hemisphere and can run from approximately 35 mph to 55 mph, depending on the distance. The only animal that is faster is the cheetah.
- * Major predators include: cougars, wolves, coyotes, grizzly bears, bobcats, golden eagles, and people.
- * They have a gestation period of 7-8 months. They breed in mid-September, and birth in late May. They typically give birth to twins.
- * Sexual maturity is reached at 15-16 months, though males rarely breed until three years old.
- * Lifespan is typically up to 10 years, and occasionally can reach 15.
- * Fawns are almost odorless at birth to help protect them from predators. They start to graze at three weeks old, and can run faster than a human at four days old.
- * They eat grasses, forbs, cactus, sagebrush, and other available plants.
- * They migrate 150 miles each way between seasons. The only other land animal to travel farther in North America is the caribou.
- * They are only found in North America and their range extends from southern Canada to northern Mexico, but are mainly found in the Great Plains, Wyoming, Montana, northeast California, southeast Oregon, Nevada, Utah, Colorado, Arizona, and New Mexico.



December 5



ColoradoGivesDay.org

The day that keeps on giving. Easily the best day to give.

ECCLPS is excited to announce [Colorado Gives Day](https://www.ecclps.org) is set for Tuesday, Dec. 5, 2023.

For 24 hours, Colorado comes together to raise funds for local nonprofits, and we're excited to be part of the day! On Colorado Gives Day, we'll be celebrating our accomplishments and making good happen for **Northeast Colorado's children and families**, as well as our **Early Childhood Champions**. We invite you to join us by helping us share the news about Colorado Gives Day and invite your family, friends and your personal network to participate. Every gift is **tax-deductible**. Our fight to make sure each and every child has access to high quality child care and early learning experiences is more vital now than ever before. This day of giving is one of the many ways you can make a real difference.

Please visit www.ecclps.org for more information about what we do. We look forward to having you join us for this special campaign. Together, we can make the world a better place for our community's children. While you're visiting the COGives site, please check out our Partner sites as well, such as [Baby Bear Hugs](#), and [Family Resource Center](#). Share the love, share your light.

Any Time is a Great Time to Give Where You Live

ECCLPS

Accepts and appreciates donations through out the year!

If you would like to donate, please go to:

[ECCLPS Colorado Gives](#)

~ECCLPS TEAM~

<p>Stephanie Swenson Quality Support Coach <u>ecclps.edwards@gmail.com</u></p>	<p>Stacey Zink Coordinator <u>ecclps.zink@gmail.com</u></p>	<p>Michelle Sharp Executive Director <u>ecclps.sharp@gmail.com</u></p>
<p>Aileen Miranda Program Assistant <u>ecclps.miranda@gmail.com</u></p>	<p>Bailee Jones UPK Coordinator <u>ecclps.jones@gmail.com</u></p>	<p>Mary Pennock Child Read Coordinator <u>ecclps.pennock@gmail.com</u></p>

GENERAL INFORMATION

Office Hours

Tuesday - Friday 8:30 - 5:00

ECCLPS Partner Meetings

4th Monday of the Month (September - May)

11:50 AM - 12:50 PM

ECCLPS Professional Development Trainings

4th Monday of the Month (September - May)

6:30 PM - 8:30 PM

Early Childhood Council Logan, Phillips, Sedgwick

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