



Happy
Labor Day!

EST.



1997



EARLY CHILDHOOD COUNCIL

LOGAN - PHILLIPS - SEDGWICK

Every child can learn, play & succeed!

September 2023 Newsletter

Announcements

ECCLPS News

This month we're featuring **Trinity Lutheran Education Center** in Sterling, and Director **Andrea Abarca**. Trinity began in the church building in the mid 80's, and have been in their present building since 2006. Andrea joined the team in 2018. They have the most genuine and incredible staff of 17 during summer, and 12 during the school year. There are currently 129 children enrolled from the ages of 2 1/2 to 12 years old. One of their favorite things about their program is the amazing hearts of the staff. Their love for the children and their families, as well as each other, and the importance of a quality, loving environment to foster the next generation. Let's not forget the amazing families who embrace their children's early education. It's easy to see why Trinity is rated a 4 in Colorado Shines. Outstanding **Trinity!**

We are so grateful to everyone who came for the **Dolly Parton Imagination Library** registration and fundraising event at Sam & Louie's to show support for this program! We are also grateful to **Sam & Louie's** for allowing us to host the event at their location, and for their generous contribution to the program. We also want to thank Jeff and the amazing Staff for being such wonderful hosts! Since August 1st, we have registered an additional 14 children! Parents, if you had your child signed up before July 31, 2023, don't forget to look through their September book from Dolly. He or she could be the lucky winner of the incredible **prize!**

***If you have information you would like us to share in our newsletters, please send to **Aileen** prior to the month you would like it to be featured.



amee.duncan@state.co.us

720-692-4678

Save the Date

September - **Pre-Licensing Training**
ECCLPS office 100 Broadway, Suite 14
6:00 - 9:00 PM (Sept. 7th, 14th, 21st, 28th)
(You must have attended the Aug 31 session)

September 16, 17 - **Sugar Beet Days**
Downtown Sterling - All day event

September 22, 23 - **Merino Fall Festival**
Downtown Merino - All day event

September 23 - **Fleming Fall Festival**
Downtown Fleming - All day event

September 23 - **Medication Administration**
ECCLPS office 100 Broadway Suite 14
9:00 AM - 1:00 PM Cost is \$25

September 25 - **ECCLPS Partner Meeting**
100 Broadway, Suite 14 Sterling
11:50 AM - 12:50 PM

September 25 - **ECCLPS Provider Training**
Sterling Public Library 420 N. 5th St.
6:30 - 8:30 PM **Andrew DL Goff** presenting,
“**Stories to Change Hearts & Minds**” If you
attend only one in-person session, make it
THIS one!

September 29, 30 - **Haxtun Corn Festival**
Downtown Haxtun - All day event

Adult and Pediatric First Aid/CPR/AED
NJC Knowles Hall Room 312
October 28 - 8:30 AM - 5:00 PM
Click [here](#) to register or call 970-521-6773 or
email stacey.nelson@njc.edu

[Logan County Events](#)
[Sedgwick County Events](#)
[Phillips County Events](#)

Licensing Tidbits

1. Providers make sure you have updated emergency plans, and that you complete and document all required drills. Make sure policies and procedures are up to date.
2. During new enrollments, please make sure everyone is aware of sign in and sign out procedures and requirements. For returning families, make sure all information is current in regard to pick up authorization and emergency contacts.
3. Licensing will no longer accept the worksheet and affidavit for qualifications as of Sept. 30. If staff is using the credential for qualifications, make sure the credential is in their file.

Family Support and Education

As the holidays approach, spending skyrockets – as does debt across the U.S. We thought we'd get you started thinking about it, so you don't have to contend with advertising when your children's wants outweigh your means. We understand that many of us were brought up in a household that didn't discuss money, and that could be the biggest reason that so many people are in debt today. Take some time to read and watch the following links. If you start to teach them while they're young, not only will it benefit them, it just might help you to make better financial choices as well.

[How to Raise Kids with Healthy Beliefs About Money](#)

In the age of consumerism and "stuff," it matters that our kids know what money can and can't do. Financial wellness expert Sharon O'Day shares how to set them up with healthy money beliefs.

[Raising Money Smart Kids](#)

An understanding of how money works and how to manage money is one of the most significant gifts you can give your children.

[Dollars & Cents: Money Management for Kids](#)

Children develop financial habits earlier than you think. Teach them smart ways to save and spend now, and they'll have sharp money skills for life.

[Money Management for Children](#)

Money management is a key life skill. Introduce children to what money looks like and help them learn about needs, wants, budgets, saving, and value.

[Want to Teach Your Kids About Money?](#)

Start by Including them in the Conversation

[Empowering Our Kids Today and Tomorrow](#)

The ABCs of money management.

[15 Ways to Teach Kids About Money](#)

Here's how you can give your kids a head start and set them up to win with money at any age.

Whether you like Dave Ramsey or not, he provides words of wisdom. Here are a few videos that just might change how you think about money, and provide some insight on how to teach your children to think about money.

Video Clip - [Tips from Rachel Cruze](#)

Video Clip - [Equipping Your Kids to Handle Money](#) - Dave Ramsey Part 1

Video Clip - [Equipping Your Kids to Handle Money](#) - Dave Ramsey Part 2

Video Clip - [How to Take Hold of Your Money](#)

Child Health and Well Being

[Mindfulness Practices with Children](#)

Join the Sesame Street Muppets as they lead you in five mindfulness practices to help children and staff feel happier, healthier, and more in control.

[Heart Centered Meditation for Kids: Happy Heart](#)

Helping your child cultivate happiness, love, and gratitude is one of the greatest gifts you can give. Not only does it set them up for a more content life, it can physically be healthier for your child's heart!

[How to Boost Your Child's Gut Health](#)

Support the microbiome and set them up for a lifetime of wellness.

[Stargazing With Kids](#)

Stargazing with kids is a fun way to enjoy the night sky, plus it may encourage their love for science.

[Boundaries, Routines, and Early Bedtimes: 13 Habits That Raise Well-Adjusted Kids](#)

With so much conflicting parenting advice, you may wonder how to raise a well-adjusted kid. Before you hide under the pillow, check out these 13 habits any parent can do. (There are so many links to really great articles on this page as well. Take some time to browse thorough them if you relate to the struggles.)

[Eight Strategies for Picky Eaters: End the Mealtime Battles for Good](#)

Here are eight steps you can take to end the war with picky eaters in your house.

[How do We Steer Our Kids Toward Healthy Friendships that Will Help Them Thrive? These Six Questions Will Help](#)

This is more for older children (and adults alike). Sometimes you just have to check who you're spending your time with, and make sure it's a healthy situation.

[Peer Pressure: Teaching Your Child about Peer Pressure](#)

How can you raise children who can resist the worst effects of peer pressure? It's about encouraging them to carefully evaluate their friends, to learn communication skills and emotional literacy that will help them cope with stress and social pressure in healthy ways instead of harmful ones, and setting a pattern of conscious decision-making that will last a lifetime.

[Three Simple Words to End Child Nagging and Negotiating](#)

As with any behavior, you must first understand the root of the issue in order to address it appropriately.

[How to Discipline Your Child: Top Three Positive Parenting Techniques](#)

Successful discipline requires an initial investment up front. But trust me, my friend, your initial investments will have great behavioral payoffs in the long run.

[Active Parenting Blog](#)

A great source to follow.

Learning & Development

Partner meetings and **Provider trainings** resume this month. Please refer to "Save the Date" for times and locations.

Pre-Licensing Class begins August 31 through September 28 6:00 - 9:00 PM
You must attend all 5 sessions.

Contact [Stacey](#)

Medication Administration Parts 1 & 2

Saturday, September 23 9:00 AM - 1:00 PM

Contact [Stacey](#)

First Aid/CPR/AED - Two more classes available this fall. Please schedule ahead of time, as classes fill up fast.

NJC Knowles Hall Room 312 - cost is \$89.00

October 28 8:30 AM - 5:00 PM

November 18 8:30 AM - 5:00 PM

Click [Here](#) to register.

Complete online registration, or contact Stacey Nelson directly at:

970-521-6773

stacey.nelson@njc.edu

Mastering Your Financials for Child Care Centers

3-week class = 12 hours of P.D.

October 25 - November 8

Wednesdays 6:30 - 9:15 PM

*See next page for details

Conscious Discipline is a very engaging form of teaching children and adults, to be aware. Over the next few months, a link will be included to introduce new chapters. Try it, notice the changes in how you look at yourself and others, once you become more mindful and present. (It's a slow start, but we'll get to the good stuff!)

[Chapter 1](#) - Introduction

[Chapter 2](#) - Brain State Model

Partner News Links

[Wildwood](#)

[Chop-Chop Family](#)

[Baby Bear Hugs](#) - Scroll to bottom to subscribe

[Child Care Aware of America](#) - Scroll to bottom to subscribe

[DECC Newsletter](#) - Click to subscribe

[Green Child Magazine](#) - Click to subscribe

[Our Voice](#)

[CDEC](#)

[CDE The SPARK Newsletters](#)

[ELV Newsletter](#)

[USDE Newsletter](#)

[Active Parenting](#) 40th Anniversary Raffle

[Early Childhood Education Assn of CO](#)

ECCLA [Grants and Scholarships](#)

Early Learning IDEA [Grant](#)

CDE [scholarships](#)

CDHE [resources](#)

COAEYC [funding](#)

PDIS [funding](#)

UC Denver [funding](#)

Daniels Fund [scholarship](#)

ECCLPS [stipend](#)

NJC [scholarships](#)

We're excited for the new **Childcare Read/Mother Read/Father Read** books we've ordered to make the sessions even more fun! Please reach out to [Mary](#) if you would like to be a part of these programs.

ECCLPS graciously accepts and appreciates your donations any time of year. Each donation made to us qualifies for the childcare tax credit. For every dollar, the donor receives the donation to lower their taxable income, and 50% as a tax credit to offset their taxes owed. You can donate anytime by clicking [Here](#) (PayPal) or [Here](#) (COGives).

Please join us on **KPMX 105.7** the second Wednesday of each month at 9:00 AM to stay up to date on what's happening at ECCLPS.

East CO SBDC will be holding its class, **Mastering Your Financials for Child Care Providers**, starting October 25th. It is a great place for childcare center owners and directors to gain the financial skills they need to operate their businesses successfully. This class also qualifies for continuing education credit. Please share with your network.

[Registration Link](#)

[Marketing Toolkit](#)

Mastering Your Financials for Child Care Centers

Oct 25 - Nov 8 | Wednesday Evenings 6:30 - 9:15 pm | Online | Free

Join East CO SBDC for a 3-week class to help you broaden your financial knowledge and get your books in order. In this class, you will learn how to understand and use financial documents and tools to plan for the future success of your childcare business.

Topics covered include:

- An introduction to financial concepts
- How to connect your business plan to your financials
- How to create an effective budget and economic forecast
- An overview of Industry funding sources
- How to start planning for retirement

This course is beginner friendly and available for family child care homes and child care centers. If you have attended a past Mastering Your Business Essentials course, this class will build a deeper understanding of the financial concepts discussed in that training. Sign up to explore how to build a solid financial foundation for your small business.

What to Expect

- Three online class sessions, including interactive group work, guest speakers, and discussions with subject matter experts
- Assistance identifying practical steps to start using new skills through confidential one-on-one consulting with certified SBDC consultants
- Continuous feedback on your business plan and strategy during the course

[Register Now](#)

Professional Development Credits - 12 hours in PDIS

Providers will receive a \$200 stipend for participating

Special thank you to our sponsor, the Colorado Dept. of Early Childhood

September is National Preparedness Month



[Make a plan](#) - Consider special needs, write down important phone numbers, know evacuation routes, know how and where to contact family members

Have an [Emergency Kit](#) ready and stocked with necessities

[FEMA Preparedness for Child Care Providers](#) - Course Info

[National Safety Council](#) - Disaster Preparedness

[National Weather Service](#) - Design a plan for all

[Coping with Disasters](#) - A great place to revisit



FYI -

The November election is just around the corner and this year the following propositions will be up to the voters statewide. Proposition ii and Proposition hh. ECCLPS will be sharing information on both propositions prior to the election and strongly urges everyone to do their research. We will provide information on both sides, so you can make an informed decision as to how to vote. Being informed is the best way to decide, don't let advertising and propaganda make the decision for you.

Holidays and Special Occasions in September

September 1 - [National Child Identity Theft Awareness Day](#)

September 1 – [National Food Bank Day](#)

September 4 – [Labor Day](#)

September 4 – [National Wildlife Day](#)

September 6 – [National Read a Book Day](#)



September 10 – [Grandparents Day](#)

September 10 – [World Suicide Prevention Day](#)

September 13 – [International Chocolate Day](#)

September 13 – [Positive Thinking Day](#)

September 13 – [Roald Dahl Day](#)

September 16 – [Mexican Independence Day](#)

September 16 – [National Trail of Tears Commemoration Day](#)

September 16 – [Oktoberfest](#)

September 18 – [National Cheeseburger Day](#)

September 18 – [U.S. Air Force Day](#)

September 19 – [National Voter Registration Day](#)

September 20 – [National Care for Kids Day](#)

September 21 – [International Day of Peace](#)

September 21 – [Mabon Day](#)

September 21 – [National Opioid Awareness Day](#)

September 22 – [Native American Day](#)

September 23 – [Fall Equinox](#)

September 25 – [National Cooking Day](#)

September 26 – [National Family Day](#)

September 29 – [National Coffee Day](#)

September 29 – [VFW Day](#)

September 30 – [National \(Car\) Seat Check Saturday](#)



September 1 - 7 - [National Crime Prevention Week](#)
September 5 - 11 - [National Child Protection Week](#)
September 10 - 16 - [National Suicide Prevention Week](#)
September 17 - 23 - [Child Passenger Safety Awareness Week](#)
September 18 - 24 - [Recycle Awareness Week](#)

September is



[Baby Safety Month](#)
[Childhood Cancer Awareness Month](#)
[Disaster Preparedness Month](#)
[Leukemia and Lymphoma Awareness Month](#)
[National Recovery Month](#)
[National Suicide Prevention Month](#)
[Newborn Screening Awareness Month](#)

Plains Hognose Snake

- ☞ Gets its name from its upturned snout
- ☞ Uses its nose as a shovel to dig up its prey
– frogs, toads, lizards
- ☞ Plays dead when threatened
- ☞ Can live up to 20 years
- ☞ Live in deserts, savannas, grasslands, and shrub lands
- ☞ Hibernate from September to March
- ☞ Has a thick body, wide head, and grow up to 20 inches long
- ☞ Is only mildly venomous and not considered dangerous to humans
- ☞ Is very docile, diurnal, and makes a great pet



Any Time is a Great Time to Give Where You Live

ECCLPS

Accepts and appreciates donations through out the year!

If you would like to donate, please go to:

[ECCLPS Colorado Gives](#)

~ECCLPS TEAM~

<p>Stephanie Swenson Quality Support Coach <u>ecclps.edwards@gmail.com</u></p>	<p>Stacey Zink Coordinator <u>ecclps.zink@gmail.com</u></p>	<p>Michelle Sharp Executive Director <u>ecclps.sharp@gmail.com</u></p>
<p>Aileen Miranda Program Assistant <u>ecclps.miranda@gmail.com</u></p>	<p>Bailee Jones UPK Coordinator <u>ecclps.jones@gmail.com</u></p>	<p>Mary Pennock Child Read Coordinator <u>ecclps.pennock@gmail.com</u></p>

GENERAL INFORMATION

Office Hours

Tuesday - Friday 8:30 - 5:00

ECCLPS Partner Meetings

4th Monday of the Month (September - May)

11:50 AM - 12:50 PM

ECCLPS Professional Development Trainings

4th Monday of the Month (September - May)

6:30 PM - 8:30 PM

Early Childhood Council Logan, Phillips, Sedgwick

100 Broadway Suite 14

P.O. Box 802

Sterling, CO 80751

970-526-2440

www.ecclps.org

[Follow us on Facebook](#)