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EARLY CHILDHOOD COUNCIL LOGAN - PHILLIPS - SEDGWICK

Every child can learn, play & succeed!

April 2023 Newsletter

Announcements

This month we're featuring **Vicki Folkerts**. Vicki is a Board Member and such an important representative for child mental and physical health. She is the Children and Family Service Director at [Eastern Colorado Services](#), and an Early Intervention specialist. She covers Logan, Morgan, Washington, Yuma, Phillips, Sedgwick, Lincoln, Kit Carson, and Cheyenne counties. Clearly, she is one busy person, but makes time to participate in activities and support **ECCLPS** in many different ways. **Thank you, Vicki**, for all you do!



ECCLPS News

ECCLPS will be hosting a Car Seat Check Up Event in each of our three counties. Logan will be April 22, 2023. We will have Certified Technicians on site to help educate parents and caregivers on proper installation and use of child restraints. There will be activities and refreshments, a fire truck (providing there are no emergency 911 calls during the scheduled event), and K-9 for the kiddos to meet. Events for Phillips and Sedgwick counties are in the works and will be held in June and July, follow us on [Facebook](#) for updates.

We want all of our communities children to be safe when travelling, and events like this help to educate adults and protect our little ones, and minimize injuries and fatalities. If you have questions please contact ecclps.miranda@gmail.com or call 970-526-2440.

[Check out all Logan County Events here](#)
[Sedgwick County Events](#)
[Phillips County Events](#)

April is National Child Abuse Prevention Month

Some things you might not know:

Fact Sheet - [Child Abuse Definitions](#)

Fact Sheet - [Child Abuse in Public Spaces](#)

Fact Sheet - [Emotional Neglect](#)

Fact Sheet - [Supporting Fathers](#)

[Child Abuse Symptoms/Causes](#)

[Understanding Causes of Abuse](#)

[What Parents Should Know](#)

[Risk and Protective Factors](#)

[How to Break the Cycle of Abuse](#)

[Resources for Prevention](#)

Most States recognize four major types of maltreatment: physical abuse, neglect, sexual abuse, and verbal/emotional abuse. Educational and medical neglect, also fall under the term "abuse".

Common examples of parental abuse include: criticizing, name calling, mockery, defamation, berating statements, invalidation of child's feelings, and even include broken promises. All of which can have long-term detrimental effects on children and the developing brain.

The highest rate of child abuse is in babies less than one year of age, and 25% of victims are younger than age three.

Long-term effects of abuse include: Anxiety, depression, difficulty learning, difficulty paying attention, memory issues, problems with self-control, low self-esteem, and more.

If you suspect a child is being abused/neglected, PLEASE call
1-844-CO-4-KIDS
1-844-264-5437

Save the Date

April is **National Child Abuse Prevention Month**
Distracted Driving Awareness Month

April 1 - 7 **Week of the Young Child**

Watch our [Facebook](#) page for info

April 4 - **Hippodrome Exhibition - Katie Crowder**

215 N. Cedar Julesburg

7:00 - 8:00 PM Exhibit on display April - June

April 7 - **First Friday Concert**

130 S. 4th St. Sterling www.facebook.com/FPC.Sterling

Emily Singer, Classical Piano

12:05 - 12:35 PM

April 7 - **Sterling Creatives Spring Fling**

129 N 3rd St . 301 Poplar

11:30 AM - 6:00 PM

April 15 - **Back to the 80's** (reservation required)

Sedgwick County Fairgrounds 970-474-9977

April 21, 22 - **She Kills Monsters** NJC Theatre

7:00 PM E.S. French Atrium free admission

April 22 - **ECCLPS Car Seat Check Up** - Logan

10:00 AM - 1:00 PM 100 Broadway Suite 14

April 22 - **Baby Bear Hugs Annual Gala & Auction**

"Wish Upon A Star" Red Willow Main St. Yuma

April 22 - **Earth Day** - Celebrate and Educate!

April 24 - **ECCLPS Partner Meeting**

ECCLPS Office 100 Broadway Suite 14

11:50 AM - 12:50 PM RSVP required by April 20

ecclps.miranda@gmail.com

April 24 - **ECCLPS Professional Development**

Training ECCLPS Office 100 Broadway Suite 14

6:30 - 8:30 PM RSVP required by April 20

ecclps.zink@gmail.com

April 28, 29 - **Sportsman Experience Outdoor Show**

Logan County Fairgrounds 970-522-1607

Friday 4:00 - 8:00 PM, Saturday 9:00 AM - 3:00 PM

Tips and Strategies for Parents and Caregivers

[How to Handle a Child Who is Talking Back: Common Problems and Tips](#)

[Helping Young Children With Sharing](#)

[All About Learning to Use the Toilet](#)

[How to Support your Child's Communication Skills](#)

[Daily Exercise Ideas for Children with ADHD](#)

[Using Curiosity as a Way to Defuse Power Struggles](#)

[6 Reasons Why Yelling at Kids Doesn't Actually Work](#)

[Common Triggers of Maltreatment](#)

FYI - **ECCLPS** has Child Abuse Prevention yard signs and pinwheels available for pick up. Display them in your yard, at your center, school, business, ANYWHERE to show your support in preventing child abuse! You can also wear blue all through out April to display how important it is to be aware, so we can help stomp out child abuse - in all forms. Stop by and pick yours up today!

If you haven't signed up your child for the Dolly Parton's Imagination Library yet, you can still do so. Get a free book in the mail each month until their 5th birthday! Click below, then click "Check Availability"



ECCLPS is now offering the **Child Care Read Program!** If you're interested in us coming to your Center, School, or Home please call **970-466-0778** or email [Mary Pennock](#)

We are also gearing up for **Mother/Father Read**. If you are interested in signing up for this free program, please contact Mary and we'll get you on the list! If you are interested in getting certified to teach the Mother/Father Read program, please contact Mary. A class will be offered in June in Greeley.



Family Support and Education

[12 Movies to Help Kids Learn Empathy](#)

Starting from a very young age through the teen years and beyond. Of course there's no better teacher than a good model.

[How to Help Your Child Build Self-Esteem](#)

Having healthy self-esteem is vital to a child's health, happiness, and future success as an adult.

[Toddler Biting: Finding the Right Response](#)

Trying to understand the underlying cause of a toddler's biting will help you develop an effective response,

Learning and Development

Advance as a Professional with NAEYC Online Courses and Webinars

<https://www.naeyc.org/resources/pd>

[Top Five Professional Development Course Topics for Preschool Teachers](#)

[Emergency Plans and Drills](#) - Fire drills must be held monthly. Tornado drills must be held monthly from March through October. A record of the drills must be maintained by the program.

[ECCLPS Lending Library](#)

These boxes are available for checkout from **ECCLPS**

Health and Well Being

[Starting the Day with a Calming Routine](#)

Exercises that help young students who've experienced trauma transition into the school day in a relaxed and ready state.

[Physical Activity for Children](#)

[Healthy Eating Plate](#)

[Clean Air for Schools Program](#)

Earth Day Fun, Celebrate, Inspire, and Educate!

<https://www.pre-kpages.com/earth-day-activities-preschoolers/>

<https://www.preschool-plan-it.com/earth-day-preschool-activities.html>

<https://www.pre-kpages.com/celebrating-earth-day-in-preschool/>

(Even just discussing the importance of NOT littering, or being wasteful, can impact small children, who then encourage family members to follow suit.)



Physical and Intellectual Development

[Boost Brainpower](#)

Your child's attention span can be trained to become stronger. Suggest [activities that require concentration](#), such as completing a puzzle or even assisting with preparing dinner. You can also help by taking time to point out some of the small and interesting details in your surroundings, which models awareness for your child. For example, during a walk, you can stop to notice a bird's nest hidden in a tree or an animal track in the dirt, or talk about the shape and feel of the rocks you see at the playground. As your child's concentration increases with practice, their ability to be focused will increase as well.

[8 Great Tools to Bring STEM Into Any Classroom](#)

As technology evolves rapidly, many schools wonder how to prepare their students for the [jobs of tomorrow](#). Many skills can be built through STEM, such as creativity, critical thinking, innovation, problem-solving, and teamwork, which will help students to be successful in the future. STEM also empowers students with new ways to create, innovate, iterate, and reflect, which are directly related to the [skills students will need](#) to be prepared.

[Fun Fine Motor Activities](#)

Your child has entered those critical preschool years and is now well on the path toward Kindergarten. What do you do now? Whether you are a first-time parent or a veteran, finding activities and ideas that can stimulate and prepare your child's fine motor skills may be trickier than you thought or maybe you are experiencing a "been there done that" approach. There has to be more ideas to help with fine motor skills than just teaching your child to color inside the lines right? Either way, a number of activities we do with our students not only prepare them for reading, writing, tracking, and hand-eye coordination, but they are fun, enjoyable, and challenging. You can do many of these same activities in your own home and the best part is that it won't break your pocketbook.

[10 Activities to Improve Your Toddler's Development](#)

Encourage cognitive and language development with the fun, everyday learning activities.

[Allowing Children to Express Emotions - Even the "Forbidden" One - Anger](#)

Mastering these coping skills ultimately dials down the intensity of anger, and will give children emotional regulation tools to last a lifetime. The great news is how much influence adults have on children this age, so you and other caregivers can be their greatest emotional teachers.

[Why Ages 2-7 Matter So Much for Brain Development](#)

Rich experiences - from play to the arts and relationships - fundamentally shape a young child's development.

[What Does Too Much Screen Time Do to Children's Brains?](#)



amee.duncan@state.co.us

720-692-4678

April Tidbits



Spring is very busy and I know that you all have lots going on. Please take time to let me know times when you will be away from your business, have special events planned or are unavailable for a visit. I will do my best to work around your schedules if I can.

Home providers, if you want to change your license type, you need to fill out an application. On the application towards the bottom of the first page you can select "Change License Type". If you have questions, please don't hesitate to ask.

Hopefully the days will get warmer and more time will be spent outside. As you are outside playing, don't forget to get your fall zones all fluffed and ready for safe play. I know it is an ongoing chore but it is so important for the safety of the kiddos.

THANK YOU for all you do, and for providing licensed child care to your communities. I enjoy each one of you and very much enjoy visiting you and your facilities. Quality child care is so important and takes a team effort. I so enjoy being on your team.

View Petey's PDIS Updates Newsletter [Here](#)

Early Childhood Council Leadership Alliance (ECCLA) Scholarship and Grant Opportunities

High quality early childhood settings begin with well-trained and well-prepared educators. The Early Childhood Council Leadership Alliance (ECCLA) currently offers several state-wide [scholarship and grant opportunities](#) for students who would like to earn a degree, certificate, or credential in early childhood education, and for home-based providers who are seeking funding to start up, expand, or maintain consistent operations for their family child care home facility.

ECCLA's [Back to Work Scholarship Program](#) provides 1:1 career and college navigation and scholarship awards up to \$2,500.00 that can be used for several different types of expenses - books, supplies, child care, and more!

ECCLA's [Concurrent Enrollment Scholarship](#) is for high school students interested in earning college credits and experience in Early Childhood Education.

ECCLA's [Early Childhood Coach Credential Scholarship](#) is available to help recipients complete the training requirements to earn a Colorado Coach Credential.

ECCLA's [Family Child Care Home Improvement Grant](#) is available to help home-based providers start up, expand, or maintain consistent operations for their family child care home facility.

ECCLA's [Rural R.U.N. Scholarship Program](#) provides career counseling and tuition support to early childhood professionals in rural communities seeking to earn early childhood credentials like ERS®, CLASS®, National Director Credential, Coaching Credential, and any of the ECE College Certificates.

ECCLA's [T.E.A.C.H. Early Childhood® Colorado Scholarship Program](#) offers early childhood professionals a pathway to pursue higher education.

Licensing Incentive Bonus Through CDEC

Consider applying for the Licensing Incentive Bonus! This grant provides a one-time bonus incentive to unlicensed providers who become newly licensed as a Family Child Care Home, a Non-Home Child Care Facility, or to become CCCAP qualified exempt. The goal of this incentive is to increase the number of licensed child care providers in the state and to increase families' access to safe, quality child care. Providers who become newly licensed will receive a \$5,000 bonus. Providers who become CCCAP qualified exempt will receive a \$500 bonus. Providers cannot receive both bonuses.

CDEC's partner, Metrix, has sent applications to eligible providers. The deadline to apply is June 30, 2023, and the deadline to spend is September 30, 2023. View flyers in [English](#) and [Spanish](#) for more information.

ECCLPS is hosting a Car Seat Check Up Event

When: April 22, 2023
10 AM - 1 PM

Where: 100 Broadway Ste 14
Sterling, CO

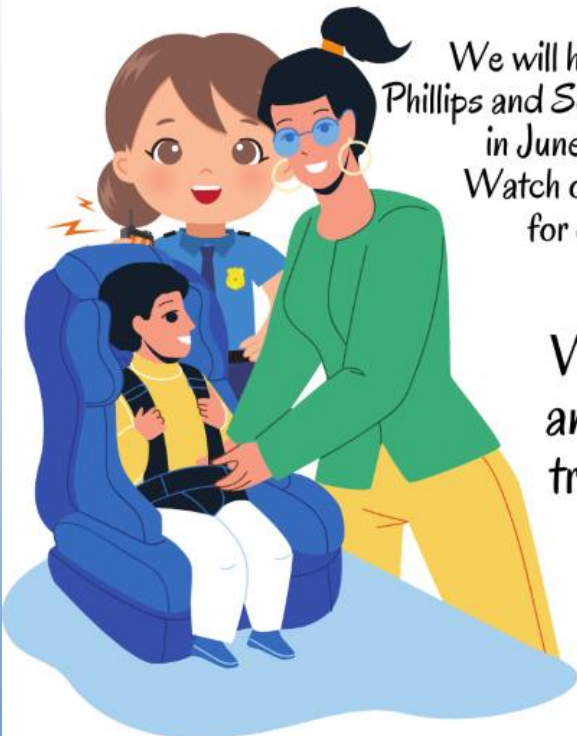
970-526-2440

Who: Logan County parents, caregivers, siblings, all are welcome to come for the inspection, and instruction for installation and use of car seats/boosters. And of course, bring the kiddos!



Certified technicians will be on site to make sure you know how to properly install and use your existing seats, check for recalls (and help you resolve issues with recalls), and to do whatever we can to make sure your **children are safe** in the car!

We will host events in Phillips and Sedgwick counties in June and July. Watch our FB page for details.



We'll have games, activities, and refreshments, plus a fire truck and the kids can meet a real K-9 hero!



Wish UPON A Star

Baby Bear Hugs gala

April 22, 2023

Happy Hour: 5:30 pm Dinner: 6:00 pm
Red Willow on Main ~ Main St. Yuma, CO

Cocktails, Live Auction
Dinner and Desert

Virtual Auction

Adults

Tickets:

\$45 Individual

\$340 Table of 8

\$400 Table of 10

Scan for
Auction
Preview



Entertainment:
**Howl at
the Moon**
Duelling Pianos



Scan to
Purchase
Tickets



chfa



4 World. One Purpose.



Platinum Sponsors:



The Colorado Health Foundation



Finish What You Started Scholarship Program

About the Scholarship

Finish What You Started is for individuals who:

- Have some prior college credit earned.
- Have not been enrolled in college classes for the past two semesters or more.
- Have not yet earned a degree.
- Can complete their degree or certificate by Spring of 2024.

Benefits

Up to \$2,000 a semester

Personal College Navigator



Contact:

(970) 521-6672

Vanessa.Soliz@njc.edu



Any Time is a Great Time to Give Where You Live

ECCLPS

Accepts and appreciates donations through out the year!

If you would like to donate, go to:

[ECCLPS Colorado Gives](#)

~ECCLPS TEAM~

<p>Stephanie Swenson Quality Support Coach <u>ecclps.edwards@gmail.com</u></p>	<p>Stacey Zink Coordinator <u>ecclps.zink@gmail.com</u></p>	<p>Michelle Sharp Executive Director <u>ecclps.sharp@gmail.com</u></p>
<p>Aileen Miranda Program Assistant <u>ecclps.miranda@gmail.com</u></p>		<p>Mary Pennock Child Read Coordinator <u>ecclps.pennock@gmail.com</u></p>

GENERAL INFORMATION

Office Hours

Tuesday - Friday 8:30 - 5:00

ECCLPS Partner Meetings

4th Monday of the Month (September - May)

11:50 AM - 12:50 PM

ECCLPS Professional Development Trainings

4th Monday of the Month (September - May)

6:30 PM - 8:30 PM

Early Childhood Council Logan, Phillips, Sedgwick

100 Broadway Suite 14

P.O. Box 802

Sterling, CO 80751

970-526-2440

www.ecclps.org

[Follow us on Facebook](#)