

Somedays: A Social Story About Being At School



& Being At Home





Somedays, I go to school.
Somedays, I stay home.
Each day is different.





When I go to school.
I see my teacher and friends.



We play, read stories, and go outside.

We take care of ourselves and our bodies by
washing our hands, wearing a mask, and
staying home if we are sick.



When I stay at home. I play with my own toys,
eat snacks, and go outside.



Sometimes, I can stay in my pajamas longer.

Somedays, I feel confused. I don't know if I am going to school or staying at home.



Somedays, I feel sad. I miss seeing my teacher and friends at school.
I feel disappointed if my school is closed.

And someday, I feel happy to be at home.



Even though each day is different, I will always have people to take care of me and keep me safe.

If I feel sad, confused, scared, or disappointed, I can always talk to my parents or teachers.



I can take a deep breath and say, 'I can do it.'
I can share my feelings with someone that loves
me.

